

# *A Person-Centered Approach to Financial Decision Making and Financial Exploitation: New tools for all professionals*

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Distinguished University Service Professor of Psychology and Gerontology



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OVERVIEW

- Defining financial capacity and incapacity
- Person centered approaches to FDM
- The 4 scales we developed for financial capacity assessment and financial exploitation risk assessment
- The WALLET study

Our FE prevention pilot work

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Financial Capacity (FC)	A quality of an individual – here defined through psychological research	<ol style="list-style-type: none"> <li>1. Avoid Financial exploitation</li> <li>2. Informed Financial decision making</li> <li>3. Intact Financial Management</li> </ol>
Financial Incapacity (FIC)	A legal characteristic of an individual – here defined through conservatorship statutes	<p>Specific legal standards for needing a conservator (Michigan)                      Clear and convincing evidence must be provided on two issues:                      (1) The individual is unable to manage property and business affairs effectively for reasons of mental illness, mental deficiency... and                      (2) The individual has property that will be wasted or dissipated unless proper management is provided.</p>
Financial Decision Making (part 2 of FC)	An aspect of financial capacity	<ol style="list-style-type: none"> <li>1. Understanding</li> <li>2. Appreciation</li> <li>3. Reasoning</li> <li>4. Choice</li> </ol>
Financial Exploitation	A relationship between two persons	<ol style="list-style-type: none"> <li>1. Improper use of funds, property or resources by another</li> <li>2. A form of elder abuse</li> <li>3. Diminished financial capacity increases your risk for financial exploitation.</li> </ol>

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# Tool #1: For Informed Decision Making

Lichtenberg Financial  
Decision Rating Scale  
(LFDERS) aka Financial  
Vulnerability Assessment on  
<https://olderadultnestegg.com>

All accounts, trainings,  
certification and usage  
of scales are at No  
Charge to users

Lichtenberg scale  
named after my  
colleague and late wife  
Dr. Susan MacNeill  
Lichtenberg (1963-2014)

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**A Person-Centered Approach to Financial Capacity Assessment: Preliminary Development of a New Rating Scale**

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## Isn't Every Assessment Person Centered?

Person Centered Assessment focuses on actual decisions the older person is making or actual situations they find themselves in.

Person Centered financial management assessment focuses on actual spending the older person is engaging in.

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## Using Person-centered Principles for Financial Decision-Making Capacity

- Context matters
- Voice of older adult is critical
- Analyzing responses to real life financial decisions vs vignettes

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## Models for Clinical Assessment of Financial Capacity (Marson 2016)

- Financial Capacity as an IADL (simple money management)
- Financial Capacity as financial skills relevant to independence (E.g. Marson's FCI)—basic and complex, financial execution and judgement.
- Cognitive Psychology model—Types of financial knowledge (cognitive underpinnings to financial skills—semantic memory, procedural knowledge, declarative memory, judgement)
- Decision-Making Model (Appelbaum & Grisso, Lichtenberg's scales)
- IOM: Financial capacity as financial function in the world. (Unrealized in 2016; WALLET study 2020)

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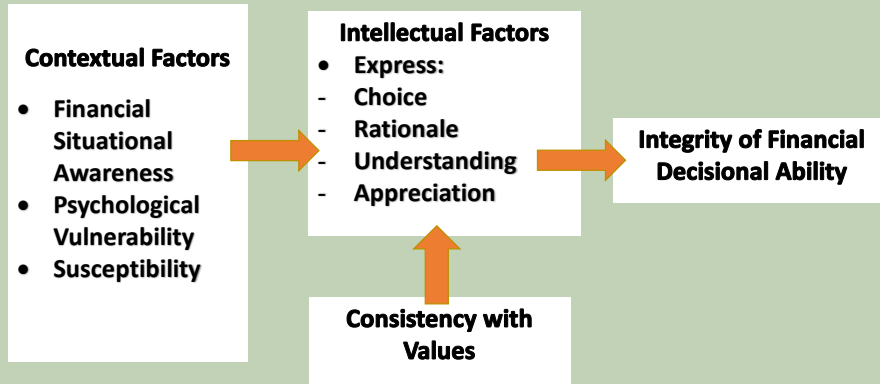
## Groundbreaking Work of Appelbaum and Grisso 1988

- Originally for capacity for psychiatric treatment and guardianship, then health decisions
- ID 4 aspects of decision making: *Communicating*
  1. Choice
  2. Understanding
  3. Appreciation
  4. Reasoning



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## Conceptual Model for the Lichtenberg Financial Decision Rating Scale (LFDRS)



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Original Research Article

### Examining Health and Wealth Correlates of Perceived Financial Vulnerability: A Normative Study

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## National Data Health and Retirement Study

- Anxious about financial decisions, at least sometimes – 65%
- Wish had someone to talk with about finances, at least sometimes – 55%
- Worried that someone will take away one's financial freedom, at least sometimes – 32%
- Confident making big financial decisions? Unsure/not confident – 26%
- Treated with less respect and courtesy during financial transactions, at least sometimes – 30%
- Talked into a decision to spend money that originally did not want to, at least sometimes – 22%



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### Some elements of Context: the 6 item Perceived Financial Vulnerability Scale

- Fenton L, Weissberger GH, Boyle PA, Mosqueda L, Yassine HN, Nguyen AL, Lim AC, Han DS. Cognitive and neuroimaging correlates of financial exploitation vulnerability in older adults without dementia: Implications for early detection of Alzheimer's disease. *Neuroscience & Biobehavioral Reviews*, 2022;140:104773.

- Fenton, L., Salminen, L.E., Lim, A.C., Weissberger, G.H., Nguyen, A.L., Axelrod, J., Noriega-Makarskyy, D., Yassine, H., Mosqueda, L. & Han, D.S. (2024). Lower entorhinal cortex thickness is associated with greater financial exploitation vulnerability in cognitively unimpaired older adults. *Cerebral Cortex*, 34(9), <https://doi.org/10.1093/cercor/bhae360>

- Maynard, M, Flores, E.V., Paulson, D., Lichtenberg P.A. & Ng, B.P (2024). Perceived financial vulnerability, wealth and wealth change: The Health and Retirement Study. *Clinical Gerontologist* <https://doi.org/10.1080/07317115.2024.2393761>

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Clinical Gerontologist



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## Quantifying Risk of Financial Incapacity and Financial Exploitation in Community-dwelling Older Adults: Utility of a Scoring System for the Lichtenberg Financial Decision-making Rating Scale

Peter A. Lichtenberg, Evan Gross & Lisa J. Ficker

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## Findings from Study

N=200 community  
Living Adults: 18%  
experienced FE in  
last 18 months

Those with FE  
more likely to have  
decision-making  
deficits

Those with FE  
more likely to have  
possible cognitive  
decline

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**Table 4.** Descriptive statistics of demographics and LFDRS Total and Subscale Scores by suspected history of financial exploitation.

Variable	Total ( <i>N</i> = 200)	No SFE ( <i>n</i> = 164)	SFE ( <i>n</i> = 36)	<i>p</i> -value*
	<i>M</i> ( <i>SD</i> ) or %	<i>M</i> ( <i>SD</i> ) or %	<i>M</i> ( <i>SD</i> ) or %	
Age	71.5 (7.4)	71.5 (7.4)	71.3 (7.4)	.868
Education (years)	15.3 (2.6)	15.5 (2.6)	14.9 (2.5)	.223
Race				.115
Caucasian	48.0%	50.6%	36.1%	
African American	52.0%	49.4%	63.9%	
Gender (female)	74.0%	71.3%	86.1%	.067
LFDRS Total	16.0 (8.6)	14.2 (6.8)	24.4 (10.8)	<.001
FSA	7.2 (3.2)	6.8 (3.1)	8.9 (3.2)	<.001
PV	3.1 (2.8)	2.7 (2.5)	4.7 (3.4)	<.001
Susceptibility	3.6 (3.8)	2.7 (2.7)	7.2 (5.5)	<.001
Intellectual	2.3 (2.0)	1.96 (1.6)	3.5 (3.0)	.004

Note: SFE = Suspected financial exploitation; LFDRS = Lichtenberg Financial Decision Rating Scale; FSA = Financial Situational Awareness; PV = Psychological Vulnerability.

\**p*-values are reported for *t*-tests or chi-square tests as appropriate.

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**Table 7.** Results of chi-square test and descriptive statistics for cognitive status by SFE.

Cognitive Status	No SFE	SFE
WNL	138 (85.7%)	24 (14.3%)
PCD	26 (68.4%)	12 (31.6%)

Note:  $\chi^2 = 5.86$ , *df* = 1, *p* = .015. Numbers in parentheses indicate row percentages.

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## Summary of our Research on the LFDRS

- Community based samples with data collected by me and my research team
- Psychometric expertise and independent analyses by Dr. Jeanne Teresi and her colleagues
- Examined reliability (inter-rater, internal consistency)
- Examined whether conceptual model was empirically supported through Confirmatory Factor Analysis Lichtenberg, et al., (2017) Conceptual and empirical approaches to financial decision making in older adults. *Clinical Gerontologist, 41, 42-65.*
- Examined validity—convergent, and whether the scale classified decisional deficits and financial exploitation at accurate levels Lichtenberg, P.A.; Gross, E. & Ficker, L. (2020) Quantifying risk of financial incapacity and financial exploitation in community-dwelling older adults. *Clinical Gerontologist, 43, 266-280.*
- Demonstrated intersection of cognitive decline, reduced decision making and financial exploitation Lichtenberg, P.A., Hall, L., Gross, E. & Campbell, R. (2019). Providing assistance to older adult financial exploitation victims: Implications for clinical gerontologists. *Clinical Gerontologist, 42, 435-442.*
- A new sample cross validated our findings Flores, E.V. & Lichtenberg, P.A. (2023). Cross-validation of the Lichtenberg Financial Decision Rating Scale. *Clinical Gerontologist, 46, 633-638*



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# Tool #2 Family and Friends Interview

A Third party's perspective on an older adult's financial decision making and context

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## Journal of Elder Abuse & Neglect

 **Routledge**  
Taylor & Francis Group

ISSN: 0894-6566 (Print) 1540-4129 (Online) Journal homepage: <https://www.tandfonline.com/loi/wean20>

### Assessment of financial decision making: an informant scale

Rebecca C. Campbell, Peter A. Lichtenberg, Latoya N. Hall, Jeanne A. Teresi & Katja Ocepek-Welikson



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## Question Stems for the Friends and Family Interview

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1. To your knowledge, what type of financial decision or transaction did your relative or friend recently make or is thinking of making?
2. Was this decision their idea or did someone else suggest it?
3. Now and over time, how do you think this decision or transaction will impact your relative or friend financially?
4. How much risk is there that this decision could result in a negative impact, such as loss of funds?
5. Overall, how satisfied is your relative or friend with finances?
6. Who manages your relative's or friend's money day to day?
7. Is your relative or friend helping anyone financially on a regular basis?
8. How often does your relative or friend seem anxious or distressed about financial decisions?
- 9A. Is your relative's or friend's memory, thinking skills, or ability to reason with regard to finances worse than a year ago?
- 9B. Has this interfered with their everyday financial activities?
10. Does your relative or friend regret or worry about a financial decision or transaction they made or intend to make?
11. Would others, who know your relative or friend well, say the current major financial decision is unusual for them?
12. To your knowledge, how much has your relative or friend come to rely on just one person for all financial decisions?
13. Has anyone used or taken your relative's or friend's money without their permission?
14. How likely is it that anyone now wants to take or use your relative's or friend's money without their permission?

<https://www.OlderAdultNestEgg.com>



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## Case Study

- 73-year-old man with early dementia
- Lives surrounded by family
- Loaned money to brothers and nieces, but never more than \$3500 and kept careful account
- Brother who lives down the road interacts with him daily
- Man almost a victim of sweepstakes scam but wife alerted brother who deterred it
- Brother takes man to bank, gets man to cash in IRA for \$100K so brother can “pay off his mortgage”
- Prosecutor charges man with unjust enrichment



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## Informed Decision-Making Capacity?

### LFDSS (FDT)

#### Q5 How will this decision impact you now and over time?

*No impact*

- Do you agree with the respondent's answer? *No*
- Please select what you feel the correct response to be  
*Negative impact/debt*

#### Q6 How much risk is there to your financial well-being?

*Low risk or none*

- Do you agree with the respondent's answer? *No*
- Please select what you feel the correct response to be  
*Moderate risk*
- Please provide input on why you do not agree  
*May need services himself*

### LFDRS-I (FFI)

#### Q2 Was this decision their idea or did someone else suggest it?

*Someone else's idea (describe)*

#### Q3 Now and over time, how do you think this decision or transaction will impact your relative or friend financially?

*Will have a major negative impact*

#### Q4 How much risk is there that this decision could result in a negative impact, such as loss of funds?

*Moderate risk*

#### Q10 Does your relative or friend regret or worry about a financial decision or transaction they made or intend to make?

*Yes (describe) - Very worried about money*

#### Q11 Would others, who know your relative or friend well, say the current major financial decision is unusual for them?

*Yes; this could be seen as very unusual*



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# Tool #3 A screening scale for Informed Financial Decision-Making

Applebaum and Grisso's Choice, Understanding, Appreciation and Rationale

The Lichtenberg Financial Decision-Making Screening Scale (LFDSS) aka The Financial Decision Tracker on <https://olderadultnestegg.com>

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## Lichtenberg Financial Decision Screening Scale (LFDSS)

## AKA – "Financial Decision Tracker" (FDT)

The image shows a printed form titled "Financial Decision Tracker 10 Questions" with a URL "www.OlderAdultNestEgg.com". It includes fields for "NAME" and "ADDRESS". Below the form title, there are instructions: "Instructions: Read each question carefully. Circle the response that best describes you. There are no right or wrong answers. The score is based on the number of correct responses." The form contains 10 numbered questions with multiple-choice options (A, B, C, D) and checkboxes. At the bottom, there is a "Financial Decision Tracker Rating" section with checkboxes for "Poor", "Fair", "Good", and "Excellent", and a "Total Score" field.

The image shows a screenshot of the website "Lichtenberg OLDER ADULT NEST EGG". The navigation bar includes "About", "For Professionals", "For Older Adults", "For Family & Friends", and "Contact". Below the navigation bar, there are tabs for "Financial Decision Tracker", "Financial Vulnerability Assessment", and "Family & Friends Interview". Under "Financial Decision Tracker", there are links for "Pro Certification" and "Pro Resources". A photograph of three people (two older adults and one younger woman) is displayed. Below the photo, the text reads "Financial Decision Tracker 10 QUESTIONS". At the bottom, there is a paragraph: "For professionals who work with older adults making significant financial decisions, including attorneys, financial planners, psychologists, bankers, investment brokers, insurance agents, accountants, law enforcement officers, and Adult Protective Services case workers."

## 10-item screening questions: Foundational to the Rating Scale

<https://www.OlderAdultNestEgg.com>



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**Financial Decision Tracker (FDT) - 10 Questions**  
 Approximate time: 10 min. | www.OlderAdultNestegg.com | © Peter A. Lichtenberg, PhD, 2014

**A. Client Name**  
 CLIENT ID: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_  
 GENDER: \_\_\_\_\_ HIGHEST LEVEL OF EDUCATION: \_\_\_\_\_ RACE/ETHNICITY: \_\_\_\_\_

**B. Interviewer Name (PRINT)** \_\_\_\_\_ INTERVIEWER ID# \_\_\_\_\_ SIGNATURE OF INTERVIEWER \_\_\_\_\_ DATE \_\_\_\_\_

To receive a Risk Score, you must enter this interview at: www.OlderAdultNestegg.com

**C. Final Score**  No Concern  Some Concern  Concern **D. OlderAdultNestegg.com Interview #** \_\_\_\_\_

**CLIENT RESPONSE** INTERVIEWER JUDGMENT:  Y  N

1. What financial decision are you making or have made?  
 a. Giving a gift or loan (pay bill/situation for grandchild, purchase home for child)   
 b. Major purchase or sale (home, car, renovations, services)   
 c. Investments (retirement, insurance, portfolio/balancing)   
 d. Estate planning (will/beneficiary and/or remove someone from bank account)   
 e. Turn over bill paying to someone else   
 f. Scam, fraud, theft (suspected)   
 g. Other (describe) \_\_\_\_\_   
 h. Don't know  Inaccurate
2. Was this your idea or did someone else suggest it or accompany you?  
 a. Your idea   
 b. Someone suggested/accompanied you (who) \_\_\_\_\_   
 c. Don't know  Inaccurate
3. What is the primary purpose of your decision?  
 a. Benefit you (needs, peace of mind)   
 b. Benefit family (who) \_\_\_\_\_   
 c. Benefit friends (who) \_\_\_\_\_   
 d. Benefit organization/charity (which) \_\_\_\_\_   
 e. Please or satisfy someone else (who) \_\_\_\_\_   
 f. Don't know  Inaccurate
4. What is your primary financial goal for this decision?  
 a. Earn money (or retain value of investment)   
 b. Reduce tax burden   
 c. Reduce debt   
 d. Affordability of item(s) or service(s)   
 e. Share wealth after your death   
 f. Allow someone else to access your money, finances or accounts (how?) \_\_\_\_\_   
 g. Gift someone or a charity (which) \_\_\_\_\_   
 h. Lifestyle (no monetary goal; meets a need/desire) \_\_\_\_\_   
 i. Other (describe) \_\_\_\_\_   
 j. Don't know  Inaccurate
5. How will this decision impact you now and over time?  
 a. Improve financial position \_\_\_\_\_   
 b. No impact \_\_\_\_\_   
 c. Negative impact/debt \_\_\_\_\_   
 d. Don't know \_\_\_\_\_  Inaccurate
6. How much risk is there to your financial well-being?  
 a. Low risk or none \_\_\_\_\_   
 b. Moderate risk \_\_\_\_\_   
 c. High risk \_\_\_\_\_   
 d. Don't know \_\_\_\_\_  Inaccurate
7. How might someone else be negatively affected?  
 a. No one will be negatively affected \_\_\_\_\_   
 b. Family member(s) (who & why?) \_\_\_\_\_   
 c. Someone else (who & why?) \_\_\_\_\_   
 d. Charity (which & why?) \_\_\_\_\_   
 e. Don't know \_\_\_\_\_  Inaccurate
8. Who benefits most from this financial decision?  
 a. You do \_\_\_\_\_   
 b. Family (who) \_\_\_\_\_   
 c. Friend (who) \_\_\_\_\_   
 d. Caregiver (who) \_\_\_\_\_   
 e. Charity/organization (which?) \_\_\_\_\_   
 f. Don't know \_\_\_\_\_  Inaccurate
9. Does this decision change previous planned gifts or bequests to family, friends, or organizations?  
 a. No \_\_\_\_\_   
 b. Yes (who & why?) \_\_\_\_\_   
 c. Don't know \_\_\_\_\_  Inaccurate
10. To what would you talk with anyone regarding this decision?  
 a. No one   
 b. Mentioned it (to who) \_\_\_\_\_   
 c. Discussed in depth (with who) \_\_\_\_\_   
 d. Don't know \_\_\_\_\_  Inaccurate

## FDT contains 10 items

- Must be tied to actual decision or related set of decisions
  - Is a Rating Scale
  - Get trained on <https://olderadultnestegg.com>
- An overall risk score is assigned

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## Financial Decision Tracker (FDT)

10 items:  
Administered in an interview format

Multiple choice

Focuses on the 4 intellectual factors and potential for undue influence

Professional does the rating on each item and does not just record older adult's responses

Overall judgment score based in part on don't know or inaccurate responses

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## 10 Questions from LFDSS

- 1. What is the financial decision you are making? Choice**
2. Was this your idea or did someone suggest it or accompany you? **Autonomy**
3. What is the purpose of your decision? **Rationale**
4. What is the primary financial goal? **Understanding**
5. How will this decision impact you now and over time? **Understanding**
6. How much risk is involved? **Appreciation**
7. How may someone else be negatively affected? **Appreciation**
8. Who benefits most from this financial decision? **Understanding**
9. Does this decision change previous planned gifts or bequests to family, friends, or organizations? **Appreciation**
10. To what extent did you talk with anyone regarding this decision? **Autonomy**



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## LFDSS Questions 1-3

- |   |  |
|---|--|
| <p><b>1. What financial decision are you making or have made?</b></p> <p><input type="radio"/> a. Giving a gift or loan .....<br/>(pay bills/tuition for grandchild, purchase home for child)</p> <p><input type="radio"/> b. Major purchase or sale .....<br/>(home, car, renovations, services)</p> <p><input type="radio"/> c. Investment planning .....<br/>(retirement, insurance, portfolio balancing)</p> <p><input type="radio"/> d. Estate planning .....<br/>(Will, beneficiary, add/remove someone from bank account)</p> <p><input type="radio"/> e. Turn over bill paying to someone else .....</p> <p><input type="radio"/> f. Scam, fraud, theft (suspected) .....</p> <p><input type="radio"/> g. Other (describe) .....</p> <p><input type="radio"/> h. Don't know .....</p> | <p><b>2. Was this your idea or did someone else suggest it or accompany you?</b></p> <p><input type="radio"/> a. Your idea .....</p> <p><input type="radio"/> b. Someone suggested/accompanied you (who?) .....</p> <p><input type="radio"/> c. Don't know .....</p><br><p><b>3. What is the primary purpose of your decision for your?</b></p> <p><input type="radio"/> a. Benefit you (meet a need, peace of mind) .....</p> <p><input type="radio"/> b. Benefit family (who?) .....</p> <p><input type="radio"/> c. Benefit friends (who?) .....</p> <p><input type="radio"/> d. Benefit organization/charity (which?) .....</p> <p><input type="radio"/> e. Please or satisfy someone else (who?) .....</p> <p><input type="radio"/> f. Don't know .....</p> |
|---|--|



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## LFDSS Questions 4-6

**4. What is your primary financial goal for this decision?**

- a. Earn money (or retain value of investment) .....
- b. Reduce tax burden .....
- c. Reduce debt .....
- d. Affordability of item(s) or service(s) .....
- e. Share wealth after your death .....
- f. Allow someone else to access your money, finances or accounts (how?) .....
- g. Gift someone or a charity (which?) .....
- h. Lifestyle (no monetary goal; meet a need/desire) .....
- i. Other (describe) .....
- j. Don't know .....

**5. How will this decision impact you now and over time?**

- a. Improve financial position .....
- b. No impact .....
- c. Negative impact/debt .....
- d. Don't know .....

**6. How much risk is there to your financial well-being?**

- a. Low risk or none .....
- b. Moderate risk .....
- c. High risk .....
- d. Don't know .....



## LFDSS Questions 7-10

**7. How might someone else be negatively affected?**

- a. No one will be negatively affected .....
- b. Family member(s) (who & why?) .....
- c. Someone else (who & why?) .....
- d. Charity (which & why?) .....
- e. Don't know .....

**8. Who benefits most from this financial decision?**

- a. You do .....
- b. Family (who?) .....
- c. Friend (who?) .....
- d. Caregiver (who?) .....
- e. Charity/organization (which?) .....
- f. Don't know .....

**9. Does this decision change previous planned gifts or bequests to family, friends, or organizations?**

- a. No .....
- b. Yes (who & why?) .....
- c. Don't know .....

**10. To what extent did you talk with anyone regarding this decision?**

- a. Not at all .....
- b. Mentioned it (to who?) .....
- c. Discussed in depth (with who?) .....
- d. Don't know .....



Lichtenberg OLDER ADULT NEST EGG www.OlderAdultNestEgg.com

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(10 Items)

**Financial Vulnerability Survey**  
(17 Questions)

**Financial Vulnerability Assessment**  
(34 Questions)

**Family & Friends Interview**  
(14 Questions)

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(5:23 min.)

**Health Care Professionals**  
(5:13 min.)

**Financial Professionals**  
(5:06 min.)

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**Holding Difficult Conversations**  
(20 min.)

**Detecting Financial Mismanagement**  
(20 min.)

**Managing Someone Else's Money**  
(20 min.)

FAMILY & FRIENDS QUESTIONNAIRE (14 Questions)

The FFQ can be taken by a trusted friend or relative of an older adult to help assess the older adult's financial decision making.

MORE RESOURCES  
Sign up for Caregiver Newsletter • Get Fraud Alerts  
Ask us on Facebook & Helpful Organizations

SAFE  
One-on-One Counseling • Virtual Events  
Financial Guides & Workbooks • Ask us on Facebook

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## Scam Case from APS FDT 1-2

**Q1**

- **What financial decision are you making or have made?**  
*Other (describe) - No money to lend or loan*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*Scam, fraud, theft (suspected)*
- Please provide input on why you do not agree  
*Client is in arrears \$ 24 000 at care facility for non-payment of rent. Involved in an online relationship with a famous music artist who, despite being wealthy, cannot access his funds due to a divorce and requires medical care. Client has transferred \$54 000 out of her accounts to this individual and others. Client is unable to meet her own financial obligations.*

**Q2**

- **Was this your idea or did someone else suggest it or accompany you?**  
*Your idea*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*Someone suggested/accompanied you (who?)*
- Please provide input on why you do not agree  
*Client was contacted by users on Facebook who requested funds via Apple Cards (client report), possible money transfers and purchase of bitcoin (as per AHS Social Worker). Client acknowledges this is her decision to use her money in this way.*

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## Scam Case FDT 3-4

### Q3

- **What is the primary purpose of this decision?**  
*Benefit you (meet a need, peace of mind)*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*Please or satisfy someone else (who?)*
- Please provide input on why you do not agree  
*Client expressed she likes the feeling of helping someone and that maybe she was not the same before her surgery. She is grateful to have a charitable outlook. She is unable to recognize that someone else is benefiting financially believing they are using the funds because their own money is unavailable to them and they will reimburse her.*

### Q4

- **What is your primary financial goal for this decision?**  
*Other (describe) - Help someone with their medical expenses.*
- Do you agree with the respondent's answer  
*Yes*
- *Notes: I believe client wholeheartedly believes she is helping someone in need. She does not recognize this as fraud.*

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## Scam Case FDT 5-6

### Q5

- **How will this decision impact you now and over time?**  
*Negative impact/debt*
- Do you agree with the respondent's answer  
*Yes*
- *Notes: Client did state initially that she will not get the funds back. Her family thinks the money was spent foolishly. Currently, she is facing eviction from her care facility.*

### Q6

- **How much risk is there to your financial well-being?**  
*Moderate risk*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*High risk*
- Please provide input on why you do not agree  
*Client acknowledged that she is going to be taken to court by the facility for non-payment of rent. That she might go to jail if she does not pay the funds back; added well probably not jail.*

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## Scam Case FDT 7-8

### Q7

- **How might someone else be negatively affected?**  
*No one will be negatively affected*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*Family member(s) (who & why?)*
- Please provide input on why you do not agree  
*This has resulted in strained relationships with siblings and children. Client believes she is in a romantic relationship and that this man will come to pay her bills and take her to the US with him once his divorce is finalized and he has access to his funds again.*

### Q8

- **Who benefits most from this financial decision?**  
*Don't know or inaccurate response*
- Do you agree with the respondent's answer  
*No*
- Please select what you feel the correct response to be  
*Family (who?)*
- Please provide input on why you do not agree  
*The men who have befriended her on facebook are benefiting financially.*

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## Scam Case FDT 9-10

### Q9

- **Does this decision change previous planned gifts or bequests to family, friends, or organizations?**  
*No*
- Do you agree with the respondent's answer  
*Yes*

### Q10b

- **Who did you discuss this with? Mark all that apply:**  
*Family member*
- Do you agree with the respondent's answer  
*Yes*

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## OLDER ADULT NEST EGG DECISIONAL ABILITY SCORE:

### Major Concerns

Based on interview, we recommend the decisional ability grade of major concerns for your client's financial decisional abilities to make this decision/transaction.

Risk Rating: Major Concerns FDT=11

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Your client scored in the high- risk range. The Tracker identified major concerns about your client's ability to make this financial decision.

The decision or transaction should be postponed if possible.

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Advance Access publication June 14, 2022



Special Issue: Implementation Science in Gerontology: Research Article

## Implementing a Financial Decision-Making Scale in APS Financial Exploitation Investigations: Use of the PARIHS Conceptual Framework

**Peter A. Lichtenberg, PhD, ABPP,<sup>1,2,\*</sup> Joshua Mandarino, MA,<sup>3</sup> Lisa Fisher, MSW,<sup>3</sup>  
Maggie Tocco, LCSW, MSW,<sup>1</sup> Juno Moray, MA,<sup>1</sup> and Marie Shipp, MA<sup>3</sup>**

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## Interviewer Agreement with Risk Score for Overall Sample (N=839)

**Table 2.** Interviewer Agreement With Risk Score for Overall Sample (N = 839)

	Interviewer agreed with FDT risk rating	Interviewer disagreed with FDT risk rating	Interviewer reduced risk rating compared with FDT risk recommendation	Interviewer increased risk rating compared with FDT risk recommen- dation
	<i>n</i>	<i>n</i>	<i>n</i>	<i>n</i>
Cases	773 (92.13%)	66 (7.87%)	31 (3.69%)	35 (4.17%)

Note: FDT = Financial Decision Tracker.

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## Tool #4 Assessment of Financial Exploitation Risk



- Financial Exploitation Vulnerability Scale (FEVS) aka Financial Vulnerability Survey on <https://olderadultnestegg.com>

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 doi:10.1093/geront/gnaa020  
 Advance Access publication March 25, 2020

OXFORD

Research Article

## Context Matters: Financial, Psychological, and Relationship Insecurity Around Personal Finance Is Associated With Financial Exploitation

Peter A. Lichtenberg, PhD, ABPP,<sup>1,\*</sup> Rebecca Campbell, BA,<sup>2</sup> LaToya Hall, MSW,<sup>1</sup> and Evan Z. Gross, MA<sup>2</sup>

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<https://www.OlderAdultNestEgg.com>



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## Context Matters

- Moving towards prevention and assessing impact of FE—The Financial Vulnerability Survey
- Financial, psychological and relationship strain and insecurity differentiated FE (n=78) from non FE (n=168) group
- 17 items with Chronbach alpha .82, AUC .80 provided initial construct validity for a new self-report survey: Financial Exploitation Vulnerability Scale (FEVS)

On [OlderAdultNestEgg.com](https://www.OlderAdultNestEgg.com)  
 FEVS is referred to as the Financial Vulnerability Survey

<https://www.OlderAdultNestEgg.com>



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**Instructions:** Circle one answer per question**1) How worried are you about having enough money to pay for things?**

- a. Not at all worried (0)      b. Somewhat worried (1)      c. Very Worried (2)

**2) Overall, how satisfied are you with your finances?**

- a. Satisfied (0)      b. Neither satisfied nor dissatisfied (1)      c. Dissatisfied (2)

**3) Who manages your money day-to-day?**

- a. I do, without any help(0)      b. I get help from someone (1)  
c. Someone else manages all my money (2)

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**4) How satisfied are you with this money management?**

- a. Satisfied (0)      b. Neither satisfied nor dissatisfied (1)      c. Dissatisfied (2)

**5) How confident are you in making big financial decisions?**

- a. Confident (0)      b. Unsure (1)      c. Not Confident (2)

**6) How often do you worry about financial decisions you've recently made?**

- a. Never or rarely (0)      b. Sometimes (1)      c. Often (2)

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**7) Have you noticed any money taken from your bank account without your permission?**

- a. No (0)    b. Yes (1)

**8) How often do your monthly expenses exceed your regular monthly income?**

- a. Never or rarely (0)    b. Sometimes (1)    c. Often (2)

**9) How often do you talk with or visit others on a regular basis?**

- a. Daily or weekly (0)    b. Monthly (1)    c. Less than monthly (2)

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**10) How often do you wish you had someone to talk to about financial decisions, transactions, or plans?**

- a. Never or rarely (0)    b. Sometimes (1)    c. Often (2)

**11) How often do you feel anxious about your financial decisions and/or transactions?**

- a. Never or rarely (0)    b. Sometimes (1)    c. Often (2)

**12) Do you have a confidante with whom you can discuss anything, including your financial situations and decisions?**

- a. Yes (0)    b. No (1)

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**13) How often do you feel downhearted or blue about your financial situation or decisions?**

- a. Never or rarely (0)    b. Sometimes (1)    c. Often (2)

**14) Are your memory, thinking skills, or ability to reason with regard to financial decisions or financial transactions worse than a year ago?**

- a. No (0)    b. Yes (1)

**15) Has a relationship with a family member or friend become strained due to finances as you have gotten older?**

- a. No (0)    b. Yes (1)

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**16) Did anyone ever tell you that someone else wants to take your money?**

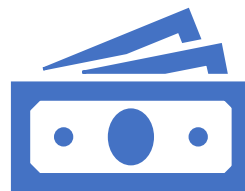
- a. No (0)    b. Yes (1)

**17) How likely is it that anyone now wants to take or use your money without your permission?**

- a. Unlikely (0)    b. Somewhat likely (1)    c. Very likely (2)

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# THE WALLET STUDY



Person Centered Financial Management Study: Wealth Accumulations and Losses in Early cognitive Transitions

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## Looking for Volunteers to Participate in the WALLET Study



If interested, contact **Vanessa Rorai** at 313-664-2604 or [vrorai@wayne.edu](mailto:vrorai@wayne.edu)

Because the links between early memory loss and a decline in wealth are on the rise, the WSU Institute of Gerontology is seeking to interview older adults aged 60+. The interview will examine financial decision making, financial management, and completion of cognitive tests and other measures.

- **A review of financial records from a primary checking account will be included**
- **Participants will receive \$100 compensation for completing the study**
- **All financial records are de-identified and confidential**
- **Interviews will take place over the telephone**



PI, Peter Lichtenberg  
Director  
Institute of Gerontology, WSU

## The WALLET Study:

*Wealth Accumulations and Losses in Later life Early cognitive Transitions*



Funded by RRF and the National Institute on Aging



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<https://doi.org/10.1093/geroni/igac038>  
 Advance Access publication May 26, 2022



Latest Discovery

## The WALLET Study: Examining Early Memory Loss and Personal Finance

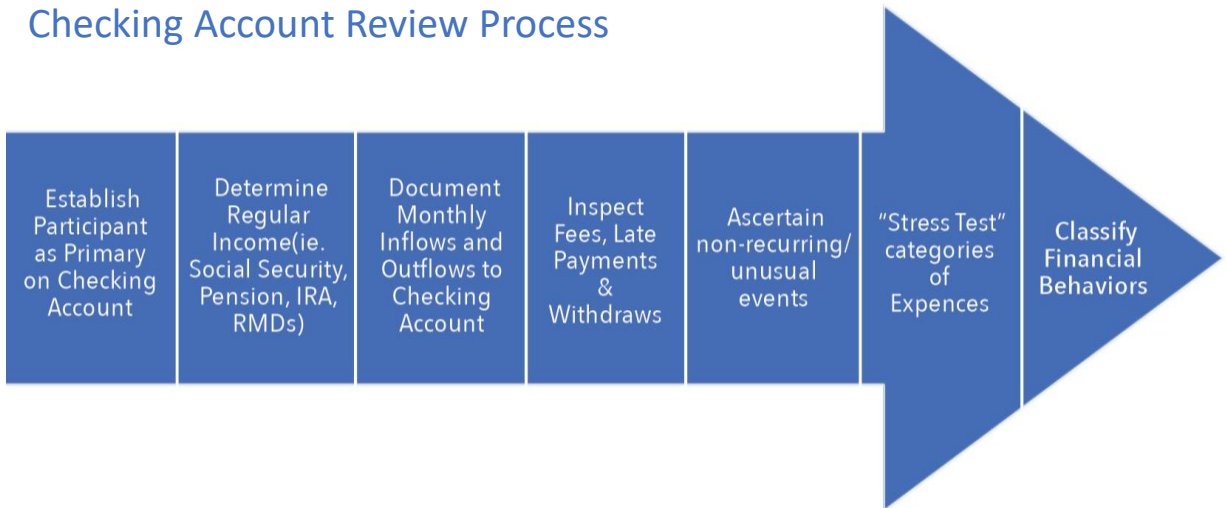
**Peter A. Lichtenberg, PhD, ABPP,<sup>1,\*</sup> Wassim Tarraf, PhD,<sup>1,2</sup> Vanessa O. Rorai, MSW,<sup>1</sup> Matthew Roling, MBA,<sup>3</sup> Juno Moray, MA,<sup>1</sup> Evan Z. Gross, PhD,<sup>4</sup> and Patricia A. Boyle, PhD<sup>5</sup>**

<sup>1</sup>Institute of Gerontology, Wayne State University, Detroit, Michigan, USA. <sup>2</sup>Department of Healthcare Sciences, Wayne State University, Detroit, Michigan, USA. <sup>3</sup>School of Business, Wayne State University, Detroit, Michigan, USA. <sup>4</sup>Rehabilitation Institute of Michigan, Detroit, Michigan, USA. <sup>5</sup>Rush Alzheimer Disease Center, Rush University Medical Center, Chicago, Illinois, USA.

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### WALLET: Checking Account Review Process




[iog.wayne.edu/walletstudy](http://iog.wayne.edu/walletstudy) | OlderAdultNestEgg.com

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# FINANCIAL VULNERABILITY INDEX

- Helping others financially on regular basis
- Overdraws to checking account
- Spending 2 tx+ amount on single category than norm
- Experience of losing money to financial exploitation past year


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**Clinical Gerontologist**

*Perspectives on diversity, behavioral health, and aging*

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**The WALLET Study: Financial Decision Making and Key Financial Behaviors Associated with Excess Spending**

**Peter A. Lichtenberg, Vanessa Rorai, Emily V. Flores & Wassim Tarraf**

To cite this article: Peter A. Lichtenberg, Vanessa Rorai, Emily V. Flores & Wassim Tarraf (02 May 2024): The WALLET Study: Financial Decision Making and Key Financial Behaviors Associated with Excess Spending, *Clinical Gerontologist*, DOI: [10.1080/07317115.2024.2348049](https://doi.org/10.1080/07317115.2024.2348049)

To link to this article: <https://doi.org/10.1080/07317115.2024.2348049>

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## What did the study find?

- Older people with early memory loss had:
  - TWICE AS MUCH EXCESS SPENDING
  - WORSE SCORES ON INFORMED DECISION-MAKING
  - POORER ADVANCED ACTIVITIES OF DAILY LIVING
  - WORSE SCORES ON A LEARNING AND MEMORY TEST
- N=150

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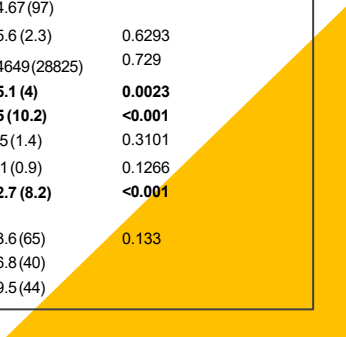


Table 3. Sample characteristics by cognitive status

	CognitiveNormal	PCI/MCI	Total	p-value
	% (n)/Mean (SD)			
Excess Spending	<b>10.8 (23.9)</b>	<b>19.4 (24.1)</b>	15.5 (24.3)	0.0306
Age	72.0 (7.5)	73.5 (8)	72.9 (7.8)	0.2454
Sex				
Male	19.4 (13)	19.3 (16)	19.33 (29)	0.985
Female	80.6 (54)	80.7 (67)	80.67 (121)	
Race				
White	31.3 (21)	38.6 (32)	35.33 (53)	0.358
Black	68.7 (46)	61.4 (51)	64.67 (97)	
Education	15.7 (2.2)	15.5 (2.4)	15.6 (2.3)	0.6293
Income	43737 (25643)	45385 (31294)	44649 (28825)	0.729
<b>IADLs</b>	<b>36.2 (3.0)</b>	<b>34.2 (4.5)</b>	<b>35.1 (4)</b>	<b>0.0023</b>
<b>RAVLT</b>	<b>49.4 (9.7)</b>	<b>41.3 (9.2)</b>	<b>45 (10.2)</b>	<b>&lt;0.001</b>
Numeracy	2.6 (1.4)	2.4 (1.3)	2.5 (1.4)	0.3101
Financial Literacy	2.3 (0.8)	2.0 (0.9)	2.1 (0.9)	0.1266
<b>LFDRS</b>	<b>10.0 (5.7)</b>	<b>15 (9.3)</b>	<b>12.7 (8.2)</b>	<b>&lt;0.001</b>
FVI				
1 Events	39.4 (26)	47.0 (39)	43.6 (65)	0.133
2 Event	22.7 (15)	30.1 (25)	26.8 (40)	
2+ Events	37.9 (25)	22.9 (19)	29.5 (44)	



Institute of Gerontology  
**ig**


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 DOI: 10.1002/bsa3.70001

RESEARCH ARTICLE

Behavior & Socioeconomics of Aging

## The association between early memory loss, financial exploitation, and financial exploitation vulnerability

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**Abstract**  
**INTRODUCTION:** Older adults lose billions of dollars to financial exploitation (FE) annually. It has been described as a "burgeoning public health crisis" and "virtual epidemic." This study evaluated a conceptual framework investigating early memory loss and personal financial behaviors and their association with financial exploitation and financial exploitation vulnerability.  
**METHODS:** The study used a cross-sectional design and included 150 participants, with t-tests and chi-squared tests being used in bivariate analysis and logistic and multiple regressions being used in multivariate analysis.  
**RESULTS:** Early memory loss was related to financial exploitation and financial exploitation vulnerability in univariate analysis. However, early memory loss was only related to financial exploitation vulnerability in multivariate analysis. Personal financial behaviors also showed significant associations with financial exploitation and financial exploitation vulnerability in multivariate analysis.  
**DISCUSSION:** Results support the proposed framework that early memory loss and personal financial behaviors share a relationship with financial exploitation and financial exploitation vulnerability.

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## Study Findings

- Financially exploited group (n=34) compared to non-exploited group (n=116) had:
- Poorer memory functioning
- Lower income
- Higher risk financial behaviors
- Higher scores on the FEVS

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**TABLE 1** Demographics, social support, independence, stress, and FEVS (N = 150).

	FE (n = 34)	No FE (n = 116)	Overall sample (n = 150)	t or $\chi^2$	Effect size
Gender				3.114	
Male	3	26	29 (19.3%)		
Female	31	90	121 (80.7%)		
Race				1.511	-
African American	25	72	97 (64.7%)		
White (non-Hispanic)	9	44	53 (35.3%)		
Cognition status				7.948**	$\Phi = 0.23$
PCI/MCI	26	57	83 (55.3%)		
Cognitively normal	8	59	67 (44.7%)		
Age, M (SD)	73.09 (8.55)	72.81 (7.64)	72.87 (7.83)	-0.181	-
Education, M (SD)	15.74 (1.91)	15.56 (2.41)	15.60 (2.30)	-0.388	-
Income, M (SD)	35,770 (22,469.47)	47,252 (30,025.44)	44,649 (28,825.16)	2.065*	d = 0.40
STS	12.47 (4.11)	11.67 (3.99)	11.85 (4.02)	1.003	-
Personal financial behaviors	1.55 (0.85)	.97 (0.87)	2.23 (0.74)	-3.286**	d = 0.86
No. credit cards	3.42 (3.56)	3.46 (3.17)		.057	-
FEVS	8.71 (5.84)	4.14 (3.77)	5.17 (4.72)	-5.419**	d = -1.06

Note: \*p < .05, \*\*p < .01.

Abbreviations: FE, financial exploitation; FEVS, Financial Exploitation Vulnerability Scale; IADL, Instrumental Activity of Daily Living; MCI, mild cognitive impairment; PCI, perceived cognitive impairment; STS, susceptibility to scams.

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## The Domains of Financial Capacity: Financial Management, Financial Decision Making and Avoiding Financial Exploitation



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# A Pilot Intervention to Prevent Financial Exploitation

Peter A. Lichtenberg & Latoya Hall

To cite this article: Peter A. Lichtenberg & Latoya Hall (23 Jan 2025): A Pilot Intervention to Prevent Financial Exploitation, Clinical Gerontologist, DOI: [10.1080/07317115.2025.2454311](https://doi.org/10.1080/07317115.2025.2454311)

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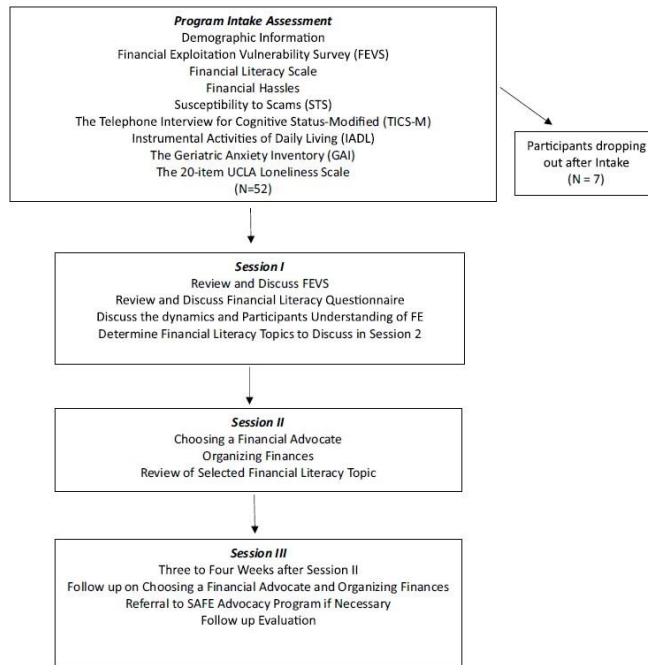


Figure 1. Financial exploitation prevention program participation.

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## Results from first 45 participants

3 sessions focused on 5  
elements

### Participants learned:

- Their financial vulnerability areas
- Their knowledge of financial literacy
- How to understand scam techniques (PRESSURE)
- How to choose a trusted advocate
- How to create a financial inventory

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## Resist PRESSURE . . . Stop the Scam! ©2024 Peter A. Lichtenberg, PhD

Beware the Red  
Flags



Visit [OlderAdultNestEgg.com](https://OlderAdultNestEgg.com) for resources about financial decision-making and exploitation in older adults. Snap the QR code to take a free online Financial Vulnerability Survey and learn your risk of being exploited.

**Phone or other unsolicited contact by mail, email or text to start the scam.**

**Requesting money by gift card or wire transfer.**

**Extracting personal information, such as your SSN or bank account number to “verify” your identity.**

**Secrecy:** Insisting you tell no one about your contact with them.

**Spamming:** Multiple emails or texts until one works.

**Urgency:** Insisting you act quickly before you get suspicious

**Repetitive requests to provide money or information.**

**Emotional:** Scammers make you panic (“Your grandson is in jail!”) or get excited (“You won the grand prize!”) so you act without thinking.

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## Participant Outcomes

At the end of the program participants had:

Significantly lower financial vulnerability

Significant lower anxiety and financial hassles

Significantly lower loneliness

Increased financial literacy

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## Gerontology Colleagues

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