



Empowering the CAREGIVER

Tools for Resilience and Support for Caregivers and Care Partners

ALL ARE WELCOME
REGISTER NOW!

BREAKFAST
& LUNCH

PANEL DISCUSSIONS



"There are only four kinds of people in the world: those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers."

- Rosalynn Carter, founder Rosalynn Carter Institute for Caregivers



EMBASSY
CENTER MKE

Saturday, March 22, 2025

9 a.m. to 3 p.m.

Embassy Center MKE

3725 N. Sherman Blvd., Milwaukee, WI 53216

TOPIC DISCUSSIONS:

- Navigating health care systems
- Self Care: Maintaining your own health and wellness
- Long-term planning
- Respite
- Understanding dementia diagnosis and behaviors

Admission is **free**. Registration is required.

Please sign up online at wai.wisc.edu/milwaukee (scan QR code)

OR contact Stephanie Houston, WAI Regional Milwaukee Office

Phone: (414) 219-5127 or Email: slhouston@wisc.edu



SCAN ME!

