



Open to the public

Personalize your path to a healthy brain and heart

Blood pressure checks



Lunch provided



Thursday, Feb. 27, 2025
11 a.m.-1 p.m.

NEW LOCATION



Calvary Baptist Church

2959 N. Teutonia Ave. Milwaukee, WI 53206

Join us for a community conversation about the important links between heart and brain health. Learn tools to map your own personalized path to a healthy brain and heart. Blood pressure checks available. Attendees will hear a presentation from the speaker, and after the talk a lunch will be provided. We invite you to wear **red** in recognition of Heart Health month.



Speaker:
Julia Means, RN
Community Health and Parish Nurse
Ascension Columbia St. Mary's Hospital

Registration Requested

To register, please contact Gail Morgan, Outreach Specialist, WAI Regional Milwaukee Office
Call (414) 219-5124 or Email gdmorgan3@wisc.edu



Wisconsin Alzheimer's Institute
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH
Regional Milwaukee Office



MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
**AGING & DISABILITIES
SERVICES**



Mildred Leigh Gold Health Ministry