



Wisconsin Alzheimer's Institute
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH

Wisconsin Dementia Resource Network

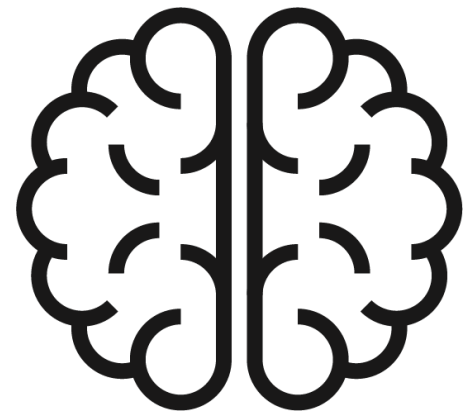
Webinar Topic: **Boost Your Brain & Memory Program**

Presenters: **Candice LeGros, Dementia Care Specialist**
Milwaukee County DHHS Aging and Disability Services

Ellen Taylor, Dementia Care Specialist
Aging and Disability Resource Center of Dane County

When: **Thursday, December 5, 2024 • Noon - 1:00pm**

Attend this 1-hour webinar to learn about the evidence-based Boost Your Brain & Memory Program. This program takes a holistic approach to improving brain health. The Boost Your Brain & Memory Program teaches individuals strategies to lower their dementia risk and keep their brain healthy.



The Zoom webinar is free and will also cover the “how-to-do” the program.

Registration is required:

[Boost Your Brain & Memory](#)

Please contact Jody Krainer at jkrainer@wisc.edu with questions.