

Mild Cognitive Impairment A Construct in Evolution

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 - U01 AG006786
 - P30 AG062677
 - U01 AG024904
 - U24 AG057437
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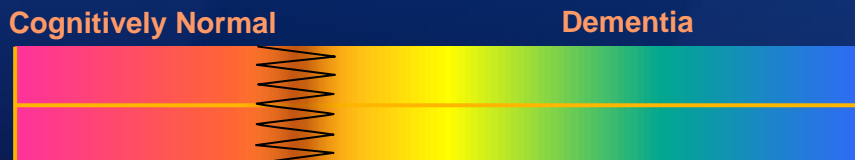
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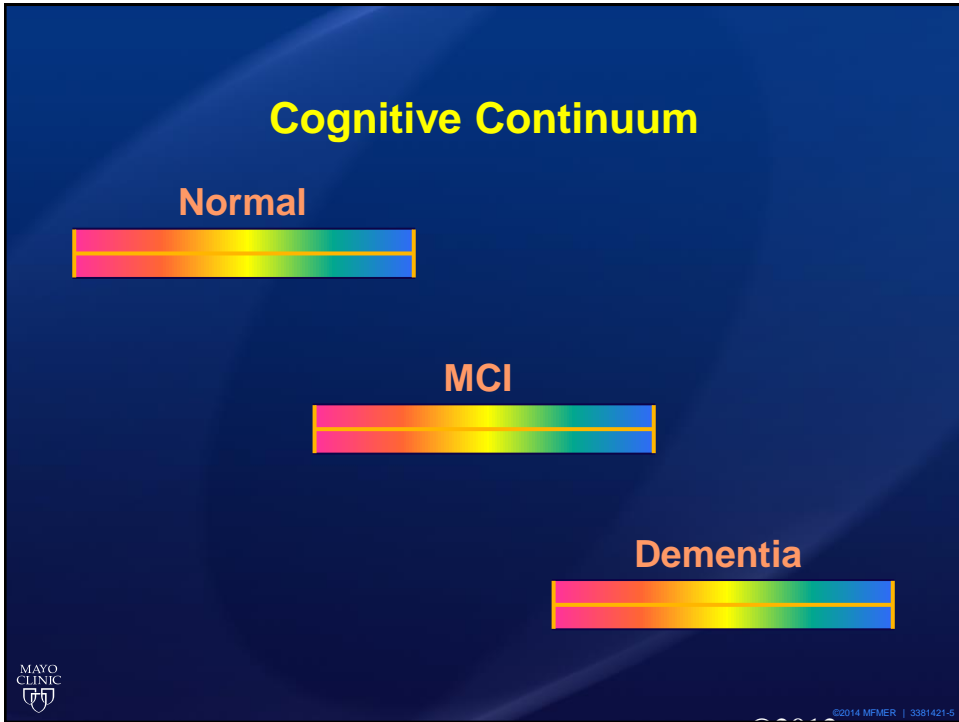
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Old Conception of Alzheimer's Disease

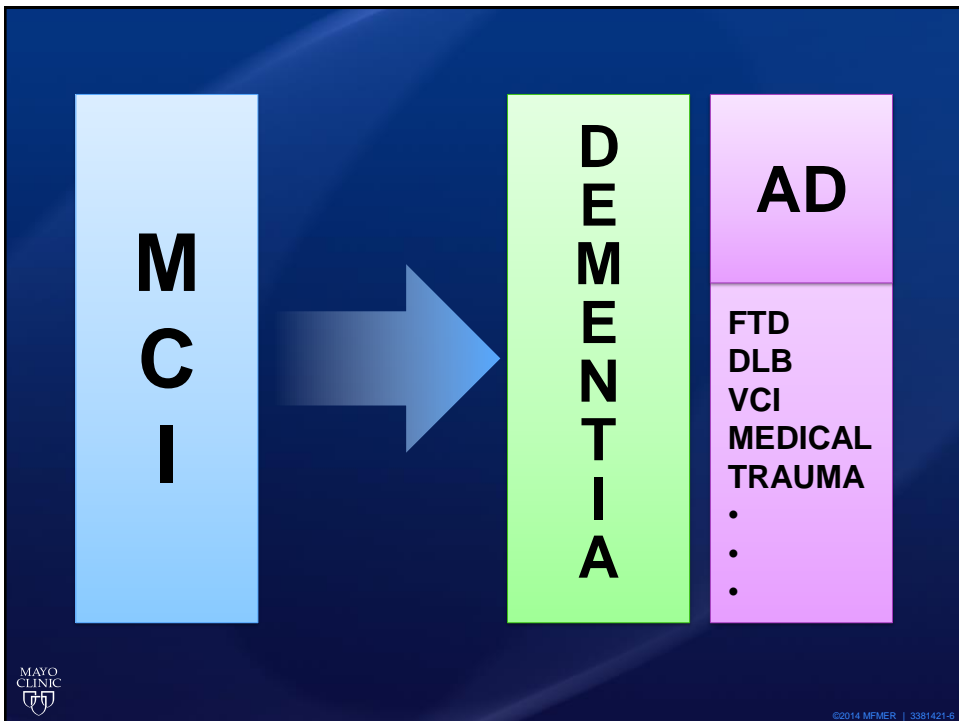


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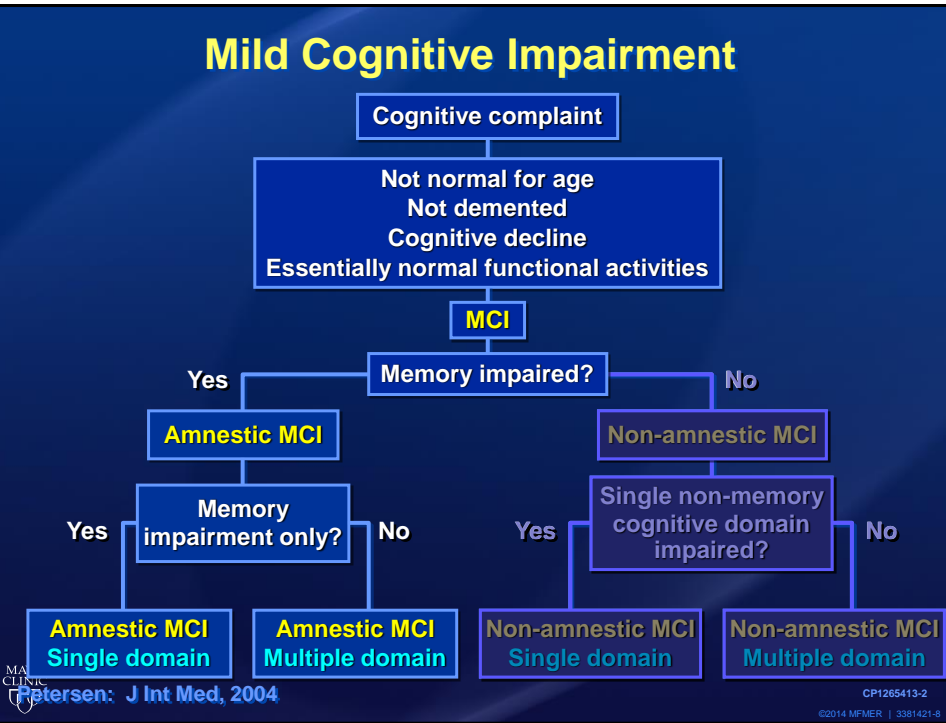
Mild Cognitive Impairment



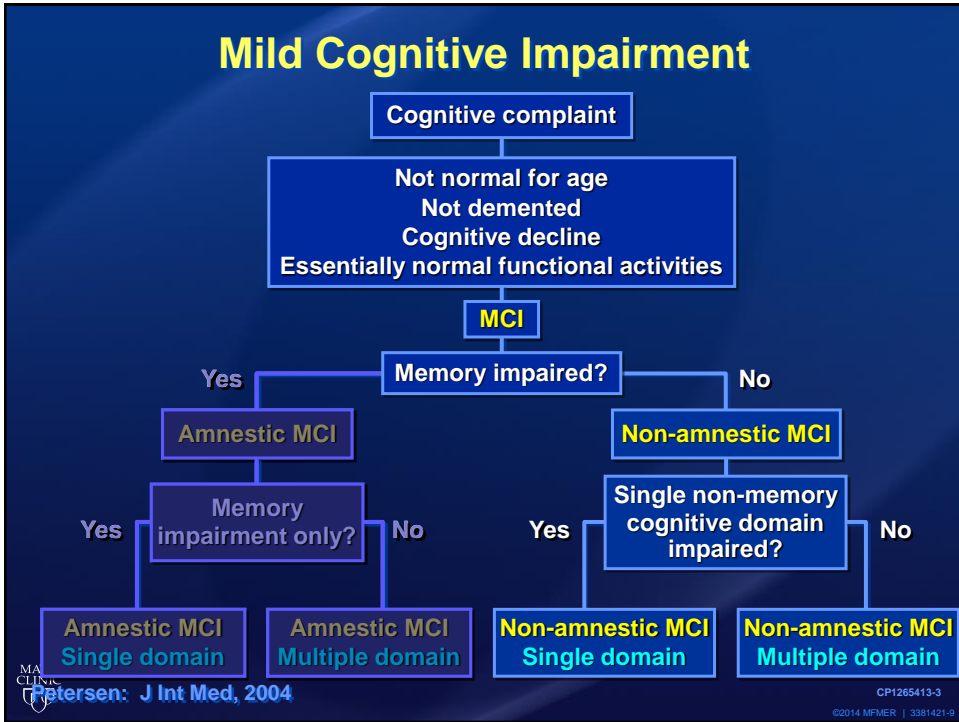
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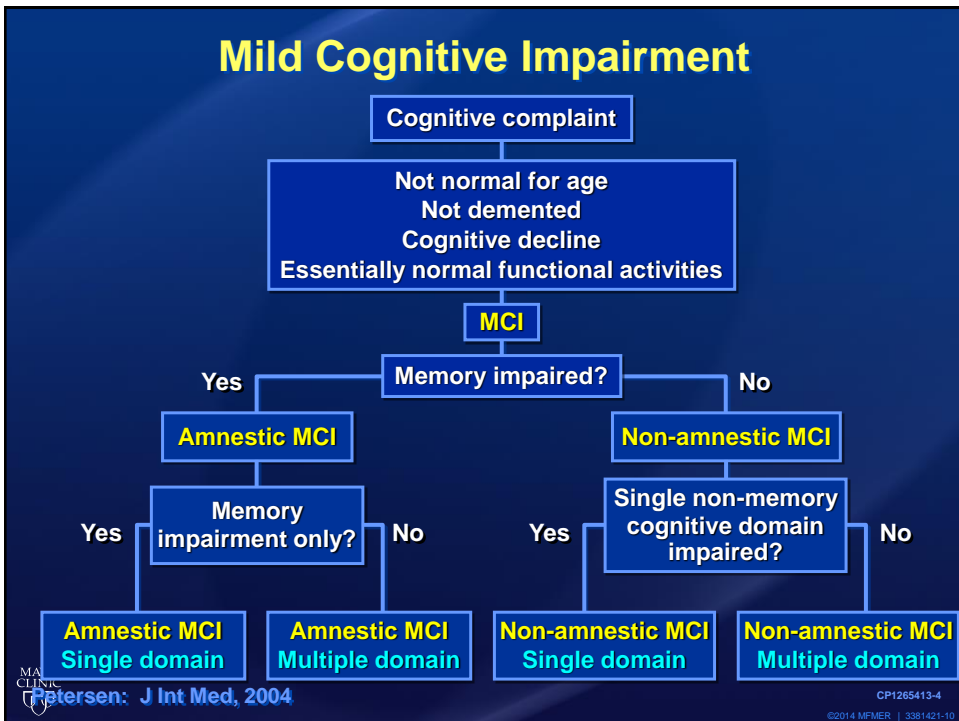
Mild Cognitive Impairment



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MCI Outcomes (examples)

Clinical classification		Etiology			
		Degen-erative	Vascular	Psychiatric	Med Cond
Amnesic MCI	Single domain	AD		Depr	
	Multiple domain	AD	VCI	Depr	
Non-amnesic MCI	Single domain	FTD			
	Multiple domain	DLB	VCI		

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MCI Outcomes

Clinical classification		Etiology			
		Degen-erative	Vascular	Psychiatric	Med Cond
Amnesic MCI	Single domain	AD		Depr	
	Multiple domain	AD	VCI	Depr	
Non-amnesic MCI	Single domain	FTD AD			
	Multiple domain	DLB AD	VCI		

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THE NEW ENGLAND JOURNAL OF MEDICINE

CLINICAL PRACTICE

Mild Cognitive Impairment

Ronald C. Petersen, M.D., Ph.D.

This Journal Section begins with a case report highlighting a common clinical problem, and has supporting review, diagnosis, follow-up, and review of follow-up, published within the year. The article also includes the author's clinical recommendations.

A 70-year-old woman has been noticing increasing forgetfulness over the past 6 to 12 months. Although she has always had some difficulty recalling the names of ac-

people, perhaps 1 in 100, go through life with virtually no cognitive decline and are regarded as aging successfully. However, another trajectory of aging is characterized by a decline in cognitive function beyond that associated with typical aging; this decline is often recognized by those experiencing it and occasionally by those around them. Known as "mild cognitive impairment," this entity has been receiving considerable attention in clinical practice and research settings.

N Engl J Med 2011;364-2227-34

mild inefficiencies. Nonamnestic mild cognitive impairment is characterized by a subtle decline in functions not related to memory, affecting attention, use of language, or visuospatial skills (Fig. 2). The nonamnestic type of mild cognitive impairment is probably less common than the amnestic type and may be the forerunner of dementia that are not related to Alzheimer's disease, such as frontotemporal lobar degeneration or dementia with Lewy bodies.¹⁰ In clinical trials involving patients with amnestic mild cognitive impairment, more than 90% of those with progression to dementia had clinical signs of Alzheimer's disease.¹¹

The estimated prevalence of mild cognitive impairment in population-based studies ranges from 10 to 20% in persons older than 65 years of age¹²⁻¹⁴ in the Mayo Clinic Study of Aging, a prospective, population-based study of persons without dementia who were between 70 and 89 years of age at enrollment, the

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Alzheimer's Disease as we know it may be changing...

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NINCDS-ADRDA Criteria 1984

views & reviews

Article abstract—Clinical criteria for the diagnosis of Alzheimer's disease include insidious onset and progressive impairment of memory and other cognitive functions. There are no routine assays or coordination deficits early in the disease. The diagnosis cannot be determined by laboratory tests. These tests are important primarily in identifying other possible causes of dementia that must be excluded before the diagnosis of Alzheimer's disease may be made with confidence. Neuropsychological tests provide corroborative evidence of the diagnosis of dementia and help to assess the course and response to therapy. The criteria proposed are intended to serve as a guide for the diagnosis of probable, possible, and definite Alzheimer's disease; these criteria will be revised as more definitive information becomes available.

Clinical diagnosis of Alzheimer's disease: Report of the NINCDS-ADRDA Work Group* under the auspices of Department of Health and Human Services Task Force on Alzheimer's Disease

Guy McKhann, MD, David Deuschman, MD, Marshall Folstein, MD, Robert Katzman, MD,
Donald Price, MD, and Emanuel M. Stadlin, MD

Alzheimer's disease is a brain disorder characterized by a progressive dementia that occurs in middle or late life. The pathologic characteristics are degeneration of specific nerve cells, presence of neuritic plaques, and neurofibrillary tangles. Alterations in transmitter-specific markers include forebrain cholinergic systems, and, in some cases, noradrenergic and serotonergic systems that innervate the telencephalon.

A Work Group on the Diagnosis of Alzheimer's Disease was established by the National Institutes of Neurological and Communicative Disorders and Stroke (NINCDS) and the Alzheimer's Disease and Related Disorders Association (ADRDA). The group intended to establish and to describe clinical criteria for the diagnosis of Alzheimer's disease of particular importance for research protocols and to describe approaches that would be useful for assessing the natural history of the disease. The need to refine clinical diagnostic criteria has been emphasized because 20% or more of cases with the clinical diagnosis of Alzheimer's disease are found at autopsy to have other conditions and not Alzheimer's disease. Moreover, therapeutic trials can be meaningfully compared only if uniform criteria are used for diagnosis and response to treatment.

The need for this report was suggested by the National Advisory Council of the NINCDS. The

report has been reviewed by workshop participants, representatives of the National Advisory Neurological and Communicative Disorders and Stroke Council, representatives of the ADRDA, and designated reviewers representing professional societies concerned with the diagnosis of Alzheimer's disease. (For list of professional societies and designated reviewers, see page 943.)

The report was developed by subgroups that addressed medical history, clinical examination, neuropsychological testing, and laboratory assessment; the report was then discussed in plenary session. Based on a consensus of the participants, criteria were developed to serve as a clinical basis for diagnosis. These criteria should be useful also for comparative studies of patients in different kinds of investigations, including case control studies, therapeutic trials, evaluation of new diagnostic laboratory tests, and clinicopathologic correlations.

The criteria are not yet fully operational because of insufficient knowledge about the disease. The criteria are compatible with definitions in the current Diagnostic and Statistical Manual of Mental Disorders (DSM III) and in the International Classification of Diseases. These criteria must be regarded as tentative and subject to change. Additional longitudinal studies, confirmed by autopsy, are necessary to establish the validity of these criteria in com-

*The Work Group Participants and Affiliations, see page 943.

Accepted for publication March 29, 1984.

Address correspondence and reprint requests to Dr. Stadlin, 1300 Wacker Drive, Federal Building, Room 703, Bethesda, MD 20895.

July 1984 NEUROLOGY 24 939



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Alzheimer's Disease as a Clinical – Pathological Entity



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Alzheimer's & Dementia 14 (2018) 555–562

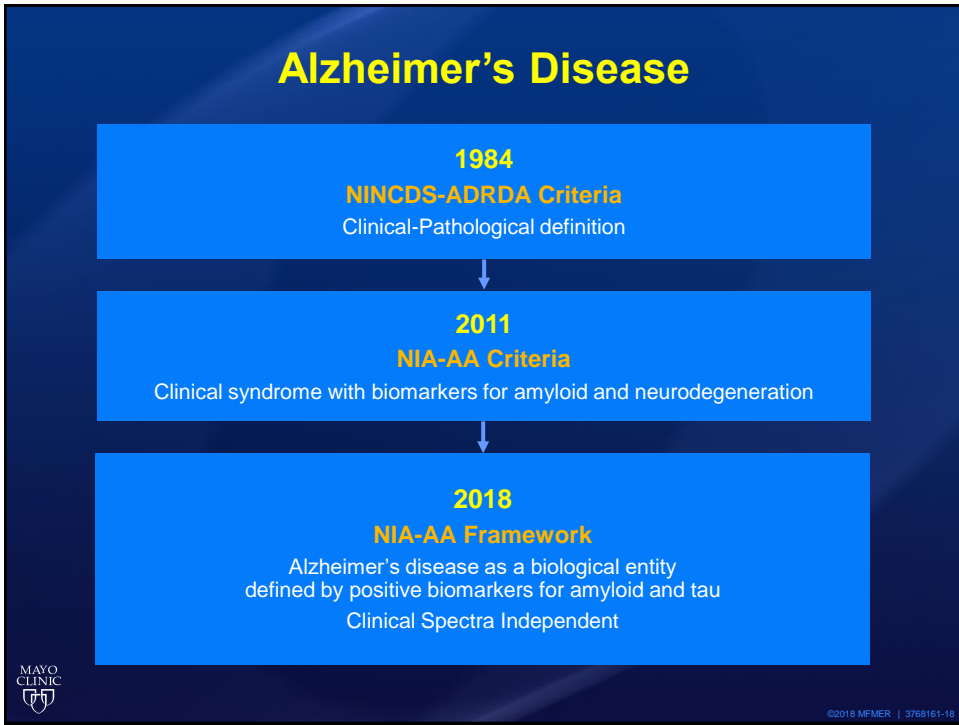
2018 National Institute on Aging—Alzheimer's Association (NIA-AA) Research Framework
NIA-AA Research Framework: Toward a biological definition of Alzheimer's disease

Clifford R. Jack, Jr.^{a,*}, David A. Bennett^b, Kaj Blennow^c, Maria C. Carrillo^d, Billy Dunn^e, Samantha Budd Haeberlein^f, David M. Holtzman^g, William Jagus^h, Frank Jessenⁱ, Jason Karlawish^j, Enchi Liu^k, Jose Luis Molinuevo^l, Thomas Montine^m, Creighton Phelpsⁿ, Katherine P. Rankin^o, Christopher C. Rowe^p, Philip Scheltens^q, Eric Siemers^r, Heather M. Snyder^s, Reisa Sperling^t,
Contributors: Corinne Elliott, Eliezer Masliah, Laurie Ryan, and Nina Silverberg

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Abstract
 In 2011, the National Institute on Aging and Alzheimer's Association created separate diagnostic recommendations for the preclinical, mild cognitive impairment, and dementia stages of Alzheimer's disease. Scientific progress in the interim led to an initiative by the National Institute on Aging and Alzheimer's Association to update and unify the 2011 guidelines. This unifying update is labeled a "research framework" because its intended use is for observational and interventional research, not routine clinical care. In the National Institute on Aging and Alzheimer's Association Research Framework, Alzheimer's disease (AD) is defined by its underlying pathologic processes that can be documented by postmortem examination or in vivo by biomarkers. The diagnosis is not based on the clinical consequences of the disease (i.e., symptoms/signs) in this research framework, which shifts the definition of AD in living people from a syndromal to a biological construct. The research framework focuses on the diagnosis of AD with biomarkers in living persons. Biomarkers are grouped into those of β amyloid deposition, pathologic tau, and neurodegeneration (MIND). This

The authors' conflict of interest statements can be viewed online at <https://doi.org/10.1016/j.jalz.2018.03.003>.
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Alzheimer's & Dementia 14 (2018) 535-562

Alzheimer's & Dementia

2018 National Institute on Aging—Alzheimer's Association (NIA-AA) Research Framework
NIA-AA Research Framework: Toward a biological definition of Alzheimer's disease

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While the definition of AD is being refined from a traditional to a biological consensus, the research framework focuses on the diagnosis of AD with biomarkers in living persons. Biomarkers are grouped into those of β -amyloid deposition, pathologic tau, and neurodegeneration (MIND). This

The authors' conflict of interest statements can be viewed online at <https://doi.org/10.1016/j.jalz.2018.03.004>.

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The National Institute on Aging program staff are acknowledged for their key contributions in knowledge and scientific guidance on this project.

https://doi.org/10.1016/j.jalz.2018.03.004
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Jack et al: Alzheimer's & Dementia 14(2018)535-562.

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What is the definition of AD?

- Term AD refers to **pathologic change** – not specific syndrome
- AD is identified at **post mortem** by pathologic changes and/or in vivo by **biomarkers**
 - Symptoms are part of the disease continuum not its definition
 - **Major shift in thinking**

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New AD Framework Clinical Considerations

Typical clinical syndromes
(Cognitively unimpaired, MCI, dementia)

New clinical staging system
(For amyloid positive persons on
Alzheimer's spectrum)



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Clinical Spectra for AD (Alzheimer's Clinical Syndrome)

Syndromes	Cognitively unimpaired	Mild cognitive impairment	Dementia			
Stages for amyloid positive	1	2	3	4	5	6



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Clinical Stages

- **Stage 1**
 - Performance in expected range
 - No report of decline
 - No change by partner or longitudinal test
- **Stage 2**
 - Performance in expected range
 - Transitional cognitive decline
 - Subjective cognitive decline or
 - Documented evidence of decline or
 - Subjective plus objective decline
 - Neurobehavioral symptoms



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Clinical Stages

- **Stage 3**
 - Performance in impaired range
 - Decline from baseline
 - Individual report or
 - Observer's report or
 - Longitudinal change
 - Any domain
 - ADL's independent but may be less efficient



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Clinical Stages

- **Stage 4**
 - Mild dementia
- **Stage 5**
 - Moderate dementia
- **Stage 6**
 - Severe dementia



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MCI and Biomarkers

- Combination quite predictive of outcome
- Imaging or fluid, CSF, plasma predicts clinical outcome on AD spectrum



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Plasma in MCI

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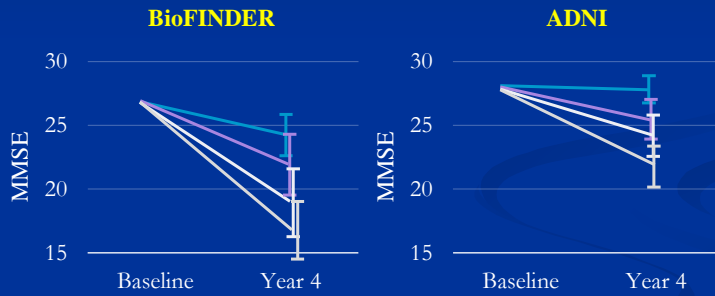
Individualized prognosis of cognitive decline and dementia in mild cognitive impairment based on plasma biomarker combinations

Nicholas C. Cullen^{1,11}, Antoine Leuzy^{1,11}, Sebastian Palmqvist^{1,2}, Shorena Janelidze¹, Erik Stomrud^{1,2}, Pedro Pesini³, Leticia Sarasa³, José Antonio Allué³, Nicholas K. Proctor⁴, Henrik Zetterberg^{5,6,7,8}, Jeffrey L. Dage⁴, Kaj Blennow^{5,6}, Niklas Mattsson-Carlgen^{1,9,10,12} and Oskar Hansson^{1,2,12}

Cullen et al., Nature Aging, 2020

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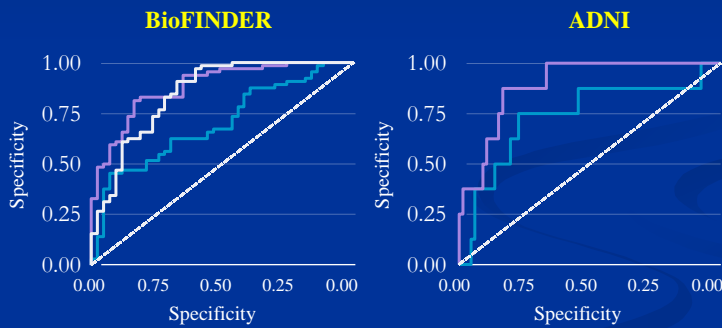
Modeling cognitive decline using plasma P-tau181 and NfL



Redrawn from: Cullen et al: Nature Aging; VOL 1; January 2021; 114-123

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ROC curves for clinical conversion across cohorts



Redrawn from: Cullen et al: Nature Aging; VOL 1; January 2021; 114-123

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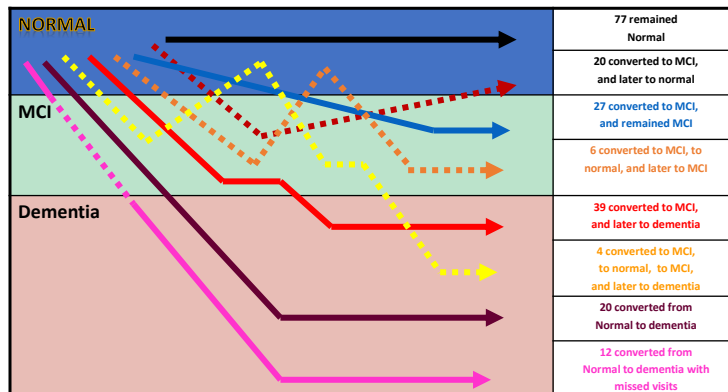
Not All MCI is Early AD



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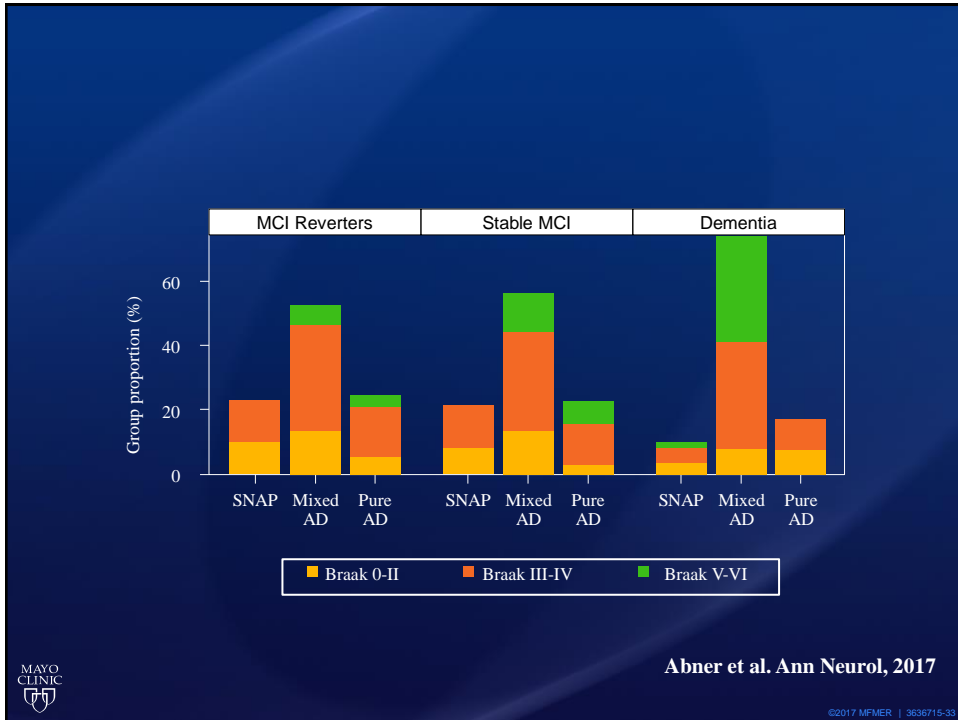
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The progression from normal to MCI to Dementia: Patterns of change in cognitive classification in 205 *Cardiovascular Health Study* normal participants during a 14-year follow up.



Lopez OL, et al., *Neurology* 2012

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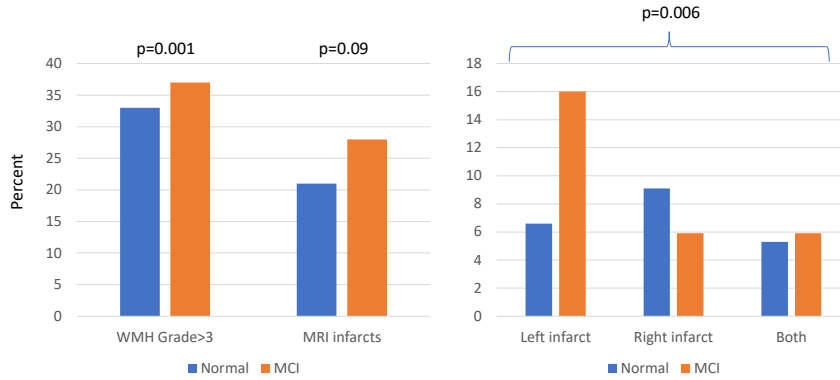
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Common causes of MCI in the adult

Neurodegenerative	Non-neurodegenerative: CNS	Non-neurodegenerative: systemic
<ul style="list-style-type: none"> • Alzheimer's disease • Parkinson's disease • Lewy body disease • Frontotemporal lobar degeneration • PSP • MSA • Spinocerebellar degeneration 	<ul style="list-style-type: none"> • Clinical CVA/TIA • Silent vascular infarcts • Non-specific arteritis • CAA • Neoplasms • Infections • TBI • Depression • Other psychiatric disorders 	<ul style="list-style-type: none"> • Thyroid disease • Cardiovascular disease • Hypertension • Diabetes mellitus • Sleep apnea • Chronic liver disease • Chronic kidney disease • Infections • Medications

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Baseline cerebrovascular and neuroimaging characteristics in CHS



Lopez OL, 2022

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Table 1 Research criteria for the clinical diagnosis of probable and possible MCI-LB

Essential for a diagnosis of MCI-LB is MCI defined by the presence of each of the following:

- Concern by the patient, informant, or clinician regarding cognitive decline.
- Objective evidence of impairment in 1 or more cognitive domains. The cognitive impairment may include any domain, but is more likely to be associated with attention-executive and/or visual processing deficits.
- Preserved or minimally affected performance of previously attained independence in functional abilities, which do not meet the criteria for dementia.

Core clinical features

- Fluctuating cognition with variations in attention and alertness.
- Recurrent visual hallucinations.
- RBD.

One or more spontaneous cardinal features of parkinsonism: these are bradykinesia (defined as slowness of movement and decrement in amplitude or speed) and tremor, or rigidity.

Proposed biomarkers

- Reduced dopamine transporter uptake in basal ganglia demonstrated by SPECT or PET.
- Polysomnographic confirmation of REM sleep without atonia.
- Reduced meta-iodobenzylguanidine (MIBG) uptake on myocardial scintigraphy.

Probable MCI-LB can be diagnosed if:

- Two or more core clinical features of DLB are present, with or without the presence of a proposed biomarker, or
- Only 1 core clinical feature is present, but with 1 or more proposed biomarkers.

Possible MCI-LB should not be diagnosed based on biomarkers alone.

Possible MCI-LB can be diagnosed if:

- Only 1 core clinical feature of DLB is present, with no proposed biomarkers, or
- One or more of the proposed biomarkers is present, but there are no core clinical features.

Supportive clinical features

- Severe sensitivity to antipsychotics, agitated postural instability, repeated falls, syncope or other transient episodes of unresponsiveness, prolonged or recurrent delirium, autonomic dysfunction (e.g., constipation, orthostatic hypotension, urinary incontinence), hypotension, hypogonadism, hallucinations in other modalities including passages, and sense of presence phenomena, systematized delusions, apathy, anxiety, and depression.

Parental biomarkers of MCI-LB

- Quantitative EEG showing slowing and abnormal frequency variability.
- Relative preservation of medial temporal lobe structures on structural imaging.
- Insular thinning and gray matter volume loss on MRI.
- Low occipital uptake on perfusion/metabolism scan.

MCI plus supportive clinical features or potential biomarkers are insufficient to diagnose MCI-LB but may raise suspicion of it and prompt biomarker investigation and may add weight to an existing MCI-LB diagnosis.

MCI-LB may have deep-seated or any other physical illness or brain disease (including cardiovascular disease), sufficient to account in part or in whole for the clinical picture, although these do not exclude an MCI-LB diagnosis and may serve to indicate mixed or multiple pathologies contributing to the clinical presentation.

Abbreviations: DLB = dementia with Lewy bodies; MCI = mild cognitive impairment; MCI-LB = MCI with Lewy bodies. These should be used in conjunction with the corresponding article text, which gives further information about core and supportive clinical features and the use of biomarkers as they apply to MCI-LB.

Lewy Body - MCI

Probable and Possible MCI-LB	
Cognitive impairment is present	Attention-executive function deficits and/or visual processing deficits
Instrumental activities of daily living	Preserved or minimally affected
Core clinical features	Fluctuating cognition Visual hallucinations
	REM behavioral disorder
	Parkinsonism: bradykinesia, tremors, rigidity
Probable MCI-LB	Two or more core clinical features are present
Possible MCI-LB	One core clinical feature is present
	One core clinical feature is present + biomarker

McKeith I, et al. 2020; 94: 743-755

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TABLE 1. Criteria for the Diagnosis of PD-MCI

I. Inclusion criteria

- Diagnosis of Parkinson's disease as based on the UK PD Brain Bank Criteria²²
- Global decline, in the context of established PD, in cognitive ability reported by either the patient or informant, or observed by the clinician
- Cognitive deficits on either formal neuropsychological testing or a score of global cognitive decline (outlined in section II)
- Cognitive deficits are not sufficient to interfere significantly with functional independence, although subtle difficulties on complex functional tests may be present

II. Exclusion criteria

- Diagnosis of PD dementia based on MDS Task Force proposed criteria²³
- Other primary explanations for cognitive impairment (e.g., delirium, stroke, major depression, metabolic abnormalities, adverse effects of medication, or head trauma)
- Other PD-associated comorbid conditions (e.g., motor impairment or severe anxiety, depression, excessive daytime sleepiness, or apnea) that, in the opinion of the clinician, significantly influence cognitive testing

III. Specific guidelines for PD-MCI level I and level II categories

A. Level I (abbreviated assessment)

- Impairment on a score of global cognitive abilities validated for use in PD²⁴
- Impairment on at least two tests, when a limited battery of neuropsychological tests is performed (i.e., the battery includes less than two tests within each of the five cognitive domains, or less than five cognitive domains are assessed)

B. Level II (comprehensive assessment)

- Neuropsychological testing that includes two tests within each of the five cognitive domains (i.e., attention and working memory, executive, language, memory, and visuospatial)
- Impairment on at least two neuropsychological tests, represented by either two impaired tests in one cognitive domain or one impaired test in two different cognitive domains
- Impairment on neuropsychological tests may be demonstrated by:
 - Performance approximately 1 to 2 SDs below appropriate norms or
 - Significant decline demonstrated on serial cognitive testing or
 - Significant decline from estimated premorbid levels

IV. Multiple classifications for PD-MCI (optional, requires two tests for each of the five cognitive domains assessed and is strongly suggested for research purposes)

- PD-MCI single-domain—abnormalities on two tests within a single cognitive domain (specify the domain), with other domains unimpaired or
- PD-MCI multiple-domain—abnormalities on at least one test in two or more cognitive domains (specify the domains)

Litvan I, et al. Mov Disorders 2012;27: 349-356

Parkinson's disease - MCI

Most frequent MCI type
Multiple cognitive domain: Memory, executive, and visuospatial deficits.

↓

Frequency: 42% – 60%
High prevalence of depression
Low Aβ-42 and Aβ-40 in CSF
Less amyloid deposition than in AD patients
Cognitive measures correlate with PET tau and amyloid tracers
Mixed pathology at autopsy: Predominant LB, AD, CAA

↓


High conversion rates to PDD
42% converted to PPD at 6-year follow-up and 91% and 16-year follow up.

Yamaji AJ, et al. Neurology 2014; 82: 308-316. Hobson & Meara. Int J Geriatr Psychiatry 2015; 30(10): 1048-1055

Gallier I, et al. J Clin Exp Neuropsychol 2016; 38: 40-50. Comperts SN, et al. JAMA Neurology 2016; 73: 1334-1341.

Marras C, et al. Mov Disorders. 2013; 28: 626-633. Knox MG, et al. Mov Disorders 2020; 35: 845-856

Practical Stuff



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Coding for MCI



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Coding for MCI

- Nervous System (Medical) Codes
- (ICD 9)331.83
- (ICD 10) G31.84 Mild cognitive impairment



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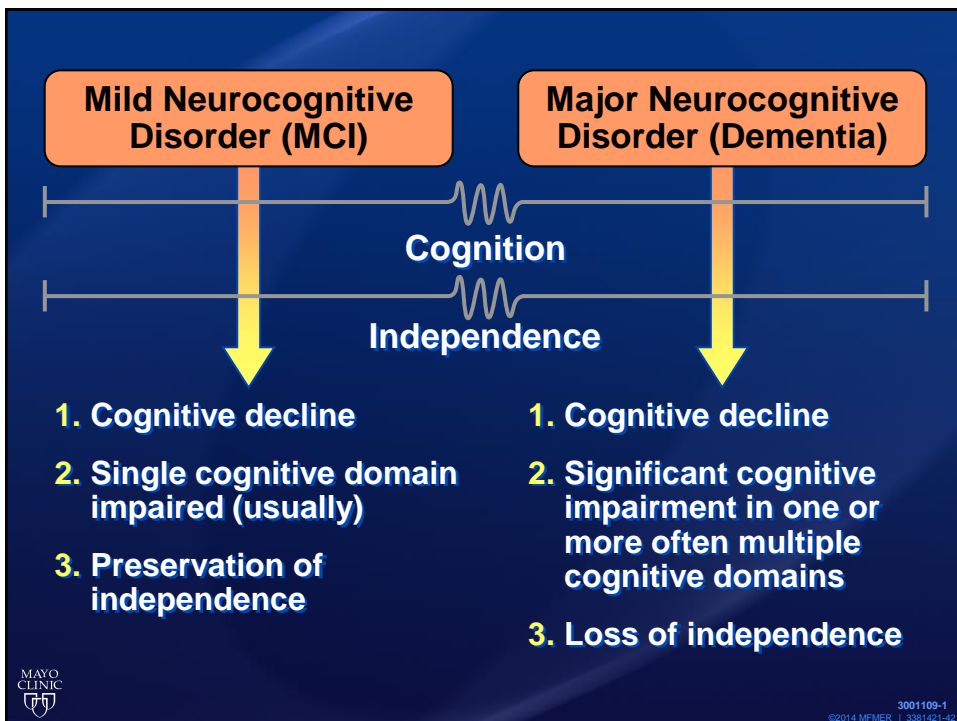
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DSM 5



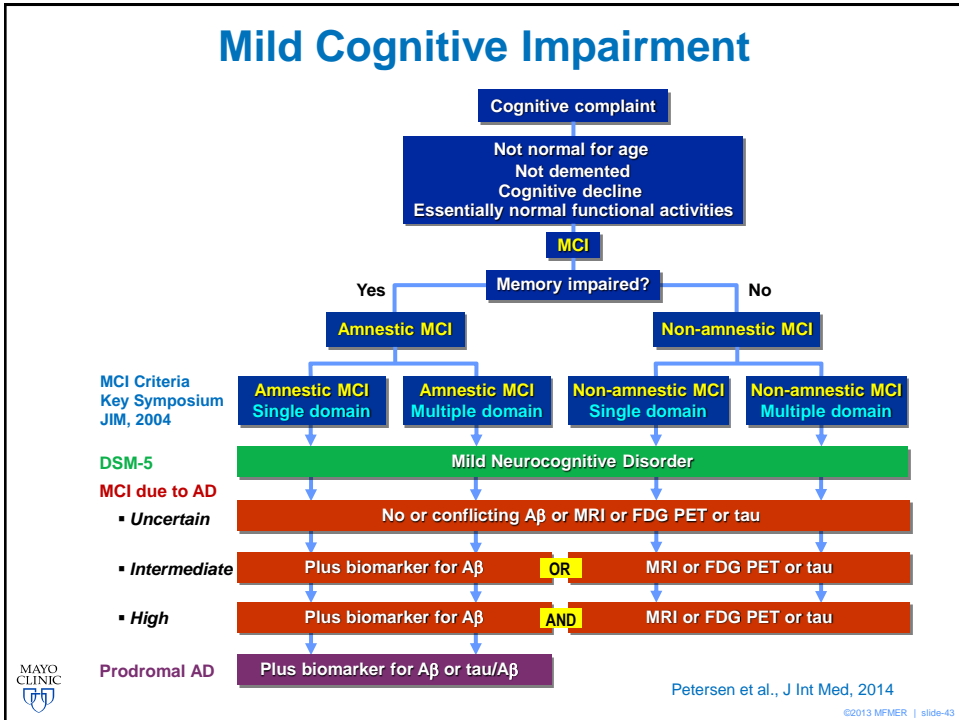
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Special Article Neurology 2001;56:1133-1142

Practice parameter

Early detection of dementia: Mild cognitive impairment (an evidence-based review)

Report of the Quality Standards Subcommittee of the American Academy of Neurology

R.C. Petersen, PhD, MD; J.C. Stevens, MD, MPH; E.G. Tangalos, MD; J.L. Cummings, MD; and S.T. DeKosky, MD

Article abstract—Objective: The goal of this project was to determine whether screening different groups of elderly individuals in a general or specialty practice would be beneficial in detecting dementia. Background: Epidemiologic studies of aging

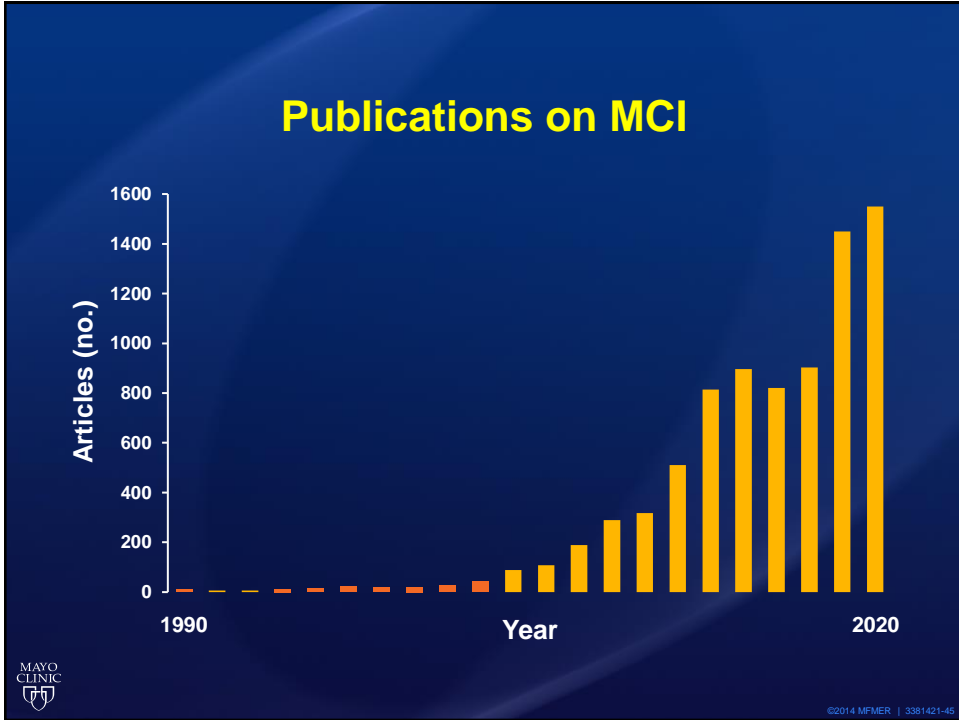
Practice Parameter: Early Detection of Dementia: Mild Cognitive Impairment (an Evidence-Based Review)

Report of the Quality Standards Subcommittee of the American Academy of Neurology

Ronald C. Petersen, PhD, MD; J. C. Stevens, MD;
M. Ganguli, MD, MPH; E. G. Tangalos, MD;
J. L. Cummings, MD; and S. T. DeKosky, MD

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AAN Practice Parameter on MCI 2018

Practice guideline update summary: Mild cognitive impairment

Petersen et al., Neurology, 90:126-135, 2018

MAYO CLINIC

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AAN Practice Parameter on MCI

- Evidence-based medicine review of the literature
 - 11,500+ studies evaluated
 - 326 full review
- 3 primary questions
 - What is the prevalence of MCI?
 - What is the outcome of MCI?
 - Are there any treatments for MCI?
 - Pharmacologic
 - Non-pharmacologic



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AAN Practice Parameter on MCI

Conclusions

1. Prevalence
 - 20 Class I studies
 - Prevalence age-related but overall 15-20% in age 65 and up
2. Outcome
 - 9 Class I studies
 - Rates of progression to dementia age related: 5-20%/year (10-15%)



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AAN Practice Parameter on MCI Conclusions

3. Treatments

Pharmacological

10 Class II studies, 1 Class I

No FDA approved drugs (2018)

Non-pharmacological

4 Class II studies

exercise

intellectual activities



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Alzheimer's Disease Treatments 2022



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Pharmacological Therapies for MCI

- Currently one drug approved for MCI by the FDA (accelerated approval)
- Lifestyle
 - Physical exercise
 - Cognitive training
 - Blood pressure control



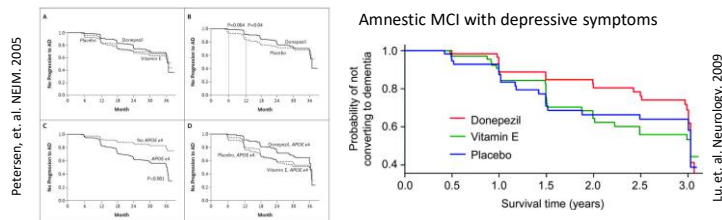
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Do cholinesterase inhibitors prevent Clinical AD?

Category	Gal-INT-18 [33]: Galantamine	Gal-INT-11 [32]: Galantamine	InDDEX [31]: Rivastigmine	Salloway [36]: Donepezil	Petersen [37]: Donepezil	Koontz [34]: Galantamine
Duration of the study	2 y	2 y	3-4 y	24 wk	3 y	16 wk
Subjects completing the study (CHE; placebo)	—	—	51%; 63%	68%; 83%	64%; 74%	50%; 36%
Conversion rate (CHE; placebo)	17%; 21%	13%; 18%	17%; 21%	—	25%; 28%	—
Jaded quality score (0-5)	2	2	3	3	3	3

Raschetti, et. al. PLoS. 2007



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Amyloid Lowering Therapies in MCI

- Aducanumab
- Donanemab
- Lecanemab
- Gantenerumab



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Phase III study results

	Status	Number enrolled	Population	Doses studied	Level of evidence	Results summary
Engage	Terminated 8/2019	1647	MCI due to AD or mild AD 50-85 years of age MMSE \geq 24 Positive Amyloid PET On stable AD medications Reliable informant or caregiver	Low dose: 3 or 6 mg/kg after titration High dose: 10 mg/kg after titration	Class II	<ol style="list-style-type: none"> 1. Aducanumab does not significantly affect mean change in CDR-SB versus placebo. 2. Aducanumab decreases amyloid PET SUVR versus placebo
Emerge	Terminated 8/2019	1638	MCI due to AD or mild AD 50-85 years of age MMSE \geq 24 Positive Amyloid PET On stable AD medications Reliable informant or caregiver	Low dose: 3 or 6 mg/kg after titration High dose: 10 mg/kg after titration	Class II	<ol style="list-style-type: none"> 1. Aducanumab 10 mg/kg results in less worsening on the CDR-SB versus placebo but to a less than clinically significant degree 2. Aducanumab 3-10 mg/kg decreases amyloid PET SUVR versus placebo

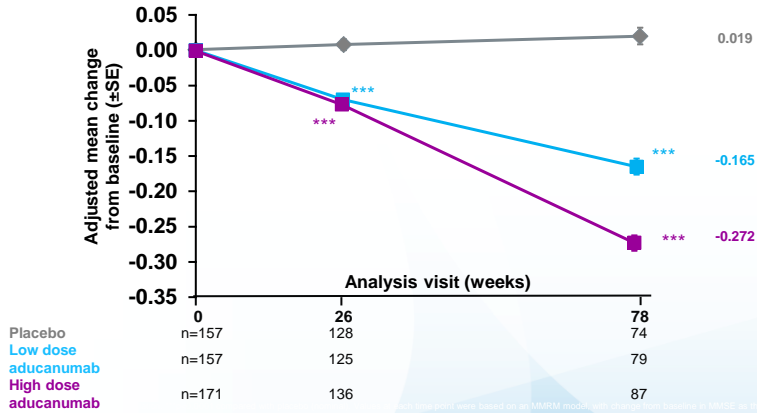
Data from Day, et. al. Neurology. 2022

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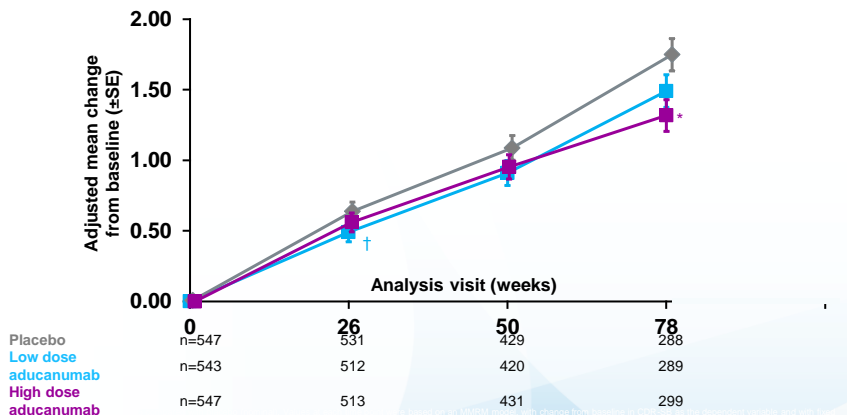
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EMERGE: Longitudinal change from baseline in amyloid PET SUVR



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EMERGE: Longitudinal change from baseline in CDR-SB



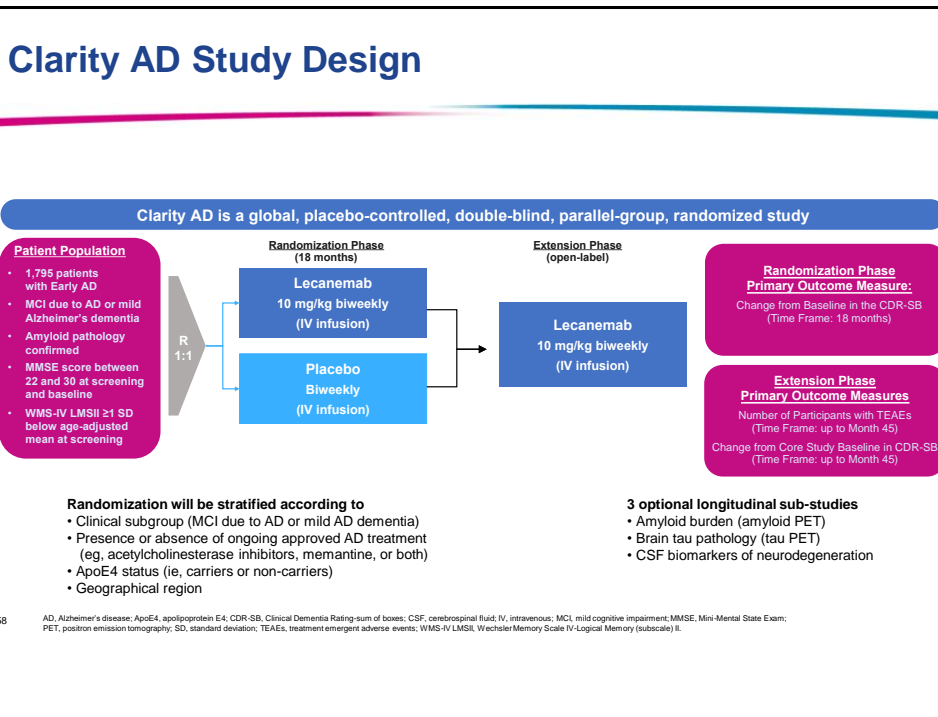
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CLARITY AD lecanemab



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Study Population - Clarity-AD

	Clarity AD Total N=1795
Patient Characteristic	
Age, median (range), years	72 (50, 90)
Age ≥65, %	80
Female, %	52
Caucasian, %	77
MCI due to AD, %	62
ApoE4 carriers,* %	69
Clinical Endpoints	
CDR-SB, mean (SD)	3.2 (1.3)
ADCOMS, mean (SD)	0.4 (0.1)
ADAS-Cog, mean (SD)	25.3 (7.3)
MMSE, mean (SD)	25.6 (2.2)
Global CDR, mean (SD)	0.6 (0.2)

Data from Eisai/Biogen
presentation at the
ADPD 2022 conference

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Efficacy – Clarity-AD (Phase 3)

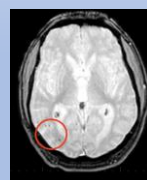
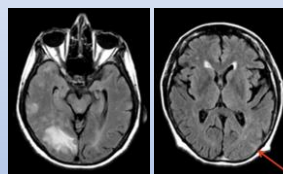
- Primary outcome: CDR-SB at 18 mo
 - 27% slowing of cognitive worsening ($p=0.00005$)
 - Treatment difference -0.45
 - Treatment benefit was seen as early as 6 mo after starting therapy
- Secondary outcomes (pre-planned hierarchical analysis)
 - Amyloid PET SUVR $p<0.01$
 - ADAScog-14 $p<0.01$
 - ADCOMS $p<0.01$
 - ADCS-ADL $p<0.01$

Data from Eisai/Biogen
Press Release from Sep 28,
2022

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ARIA frequencies in Clarity-AD (Phase 3)

- **ARIA-E**
 - 1.7% placebo vs. 12.5% treatment group
- *Symptomatic ARIA-E*
 - 0% placebo vs. 2.8% treatment group
- **ARIA-H**
 - 8.7% placebo vs. 17% treatment group
- *Symptomatic ARIA-H*
 - 0.2% placebo vs. 0.7% treatment group



Images from Sperling R, et al.
Lancet Neurol 2012; 11: 241-249

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Clarity AD

- **Topline results**
- **N = 1795**
- **MCI and mild dementia due to AD**
- **18 month study**
- **27% slowing**
- **CDR-SB change of -0.45 SB relative to placebo**
- **Secondary measures: PET, ADAS-Cog 14, ADCOMS, ADCS-ADL significant**
- **ARIA E: 12.5% (2.8%) vs 1.7% (0.0%)**
- **ARIA H: 17% (0.7%) vs 8.7% (0.2%)**



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CLINICAL EXPECTATIONS AND MEANINGFULNESS

- Temporal evolution of pathophysiology
- Length of RCT
- Measurement of change
 - Symptomatic vs Disease Modifying
 - Points on a scale
 - Time
- Cumulative benefit over time
- Multiple pathologies active

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Clinical Dementia Rating

Clinical dementia rating (CDR) 1 0.5 1 2 3

	Impairment				
	None 0	Questionable 0.5	Mild 1	Moderate 2	Severe 3
Memory	No memory loss or slight inconsistent forgetfulness	Consistent slight forgetfulness; partial recollection of events; "benign" forgetfulness	Moderate memory loss; more marked for recent events; defect interferes with everyday activities	Severe memory loss; only highly learned; new material rapidly lost	Severe memory loss; only fragments remain
Orientation	Fully oriented	Fully orientated except for slight difficulty with time relationships	Moderate difficulty with time relationships; oriented to place of examination; may have geographic disorientation elsewhere	Severe difficulty with time relationships; usually disoriented to time, often to place	Orientated to person only
Judgement & Problem Solving	Solves everyday problems and handles business and financial affairs well; judgement good in relation to past performance	Slight impairment in solving problems, similarities and differences	Moderate difficulty in handling problems, similarities and differences; social judgement usually maintained	Severely impaired in handling problems, similarities and differences; social judgement usually impaired	Unable to make judgements or solve problems
Community Affairs	Independent function at usual level in job, shopping, volunteer and social groups	Slight impairment in these activity	Unable to function independently at these activities although may still be engaged in some; appears normal to casual inspection	No pretence of independent function outside home Appears well enough to be taken to functions outside the family home independent function	Appears to ill to be taken to functions outside the family home
Home & Hobbies	Life at home, hobbies and intellectual interests well maintained	Life at home, hobbies and intellectual interest slightly impaired	Mild but definite impairment of function at home more difficult tasks abandoned; more complicated hobbies and interests abandoned	Only simple tasks preserved; very restricted interests, poorly maintained	No significant function in home
Personal Care	Full capable of self-care		Needs prompting	Requires assistance in dressing, hygiene, keeping of personal effects	Required much help with personal care; frequent incontinence

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Clinical Dementia Rating

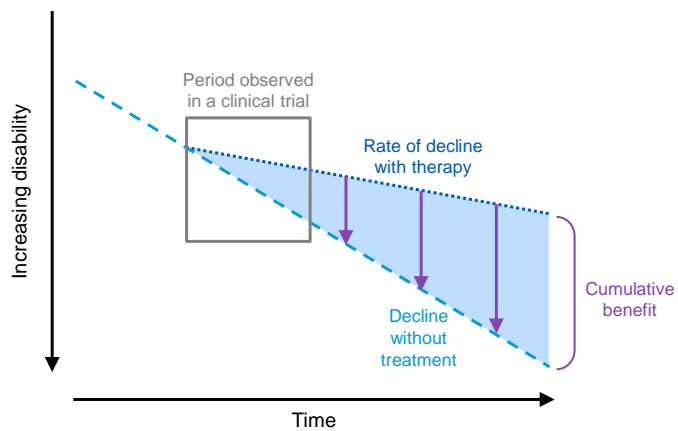
Clinical dementia rating (CDR)	1	0.5	1	2	3
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	Impairment				
	None 0	Questionable 0.5	Mild 1	Moderate 2	Severe 3
Memory	No memory loss or slight inconsistent forgetfulness	Consistent slight forgetfulness; partial recollection of events; "benign" forgetfulness	Moderate memory loss; more marked for recent events; defect interferes with everyday activities	Severe memory loss; only highly learned; new material rapidly lost	Severe memory loss; only fragments remain
Community Affairs	Independent function at usual level in job, shopping, volunteer and social groups	Slight impairment in these activity	Unable to function independently at these activities although may still be engaged in some; appears normal to casual inspection	No pretence of independent function outside home Appears well enough to be taken to functions outside the family home independent function	Appears to ill to be taken to functions outside the family home
Hobbies	hobbies and intellectual interests well maintained	and intellectual interest slightly impaired	function at home more difficult tasks abandoned; more complicated hobbies and interests abandoned	very restricted interests, poorly maintained	home
Personal Care	Full capable of self-care		Needs prompting	Requires assistance in dressing, hygiene, keeping of personal effects	Required much help with personal care; frequent incontinence

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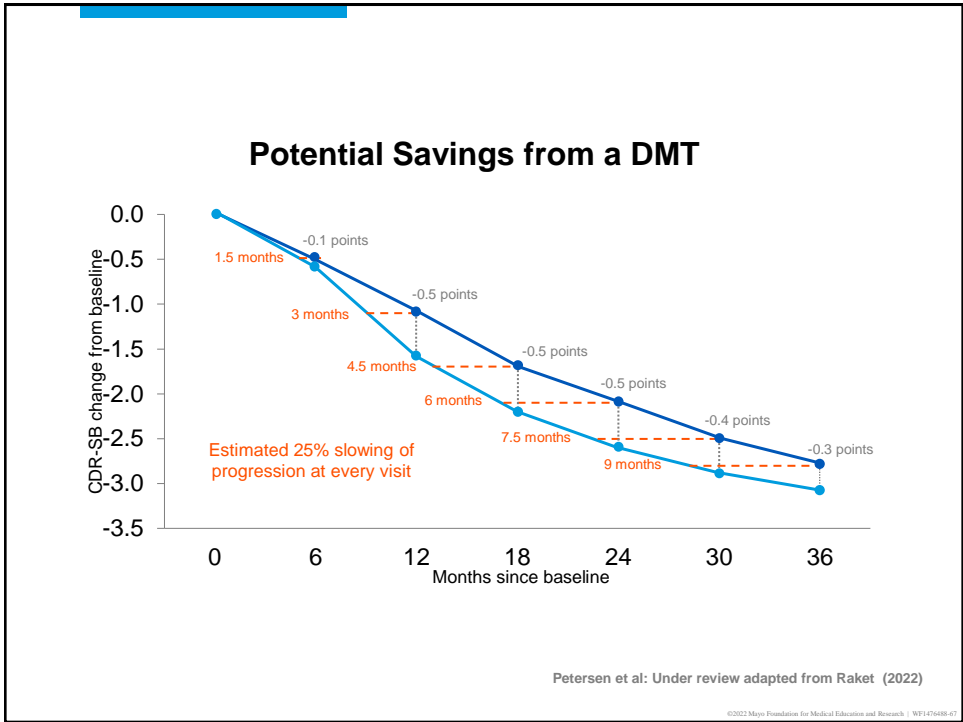
Cumulative Benefit Over Time from a DMT



Petersen et al: Under review adapted from Asuuncao et al. 2022


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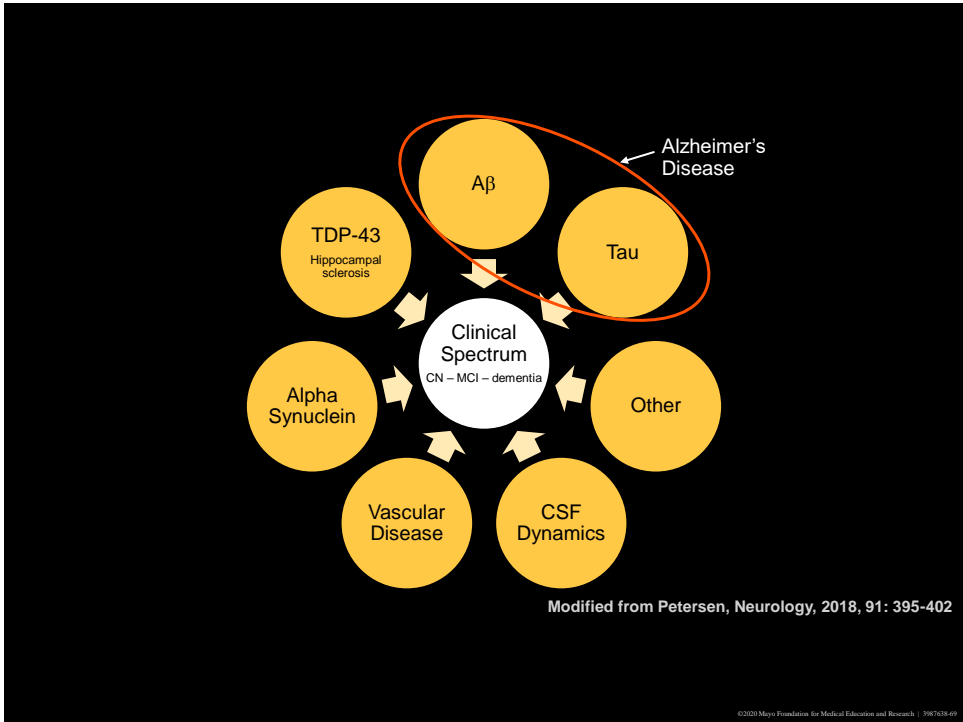
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But, at the end of the day...

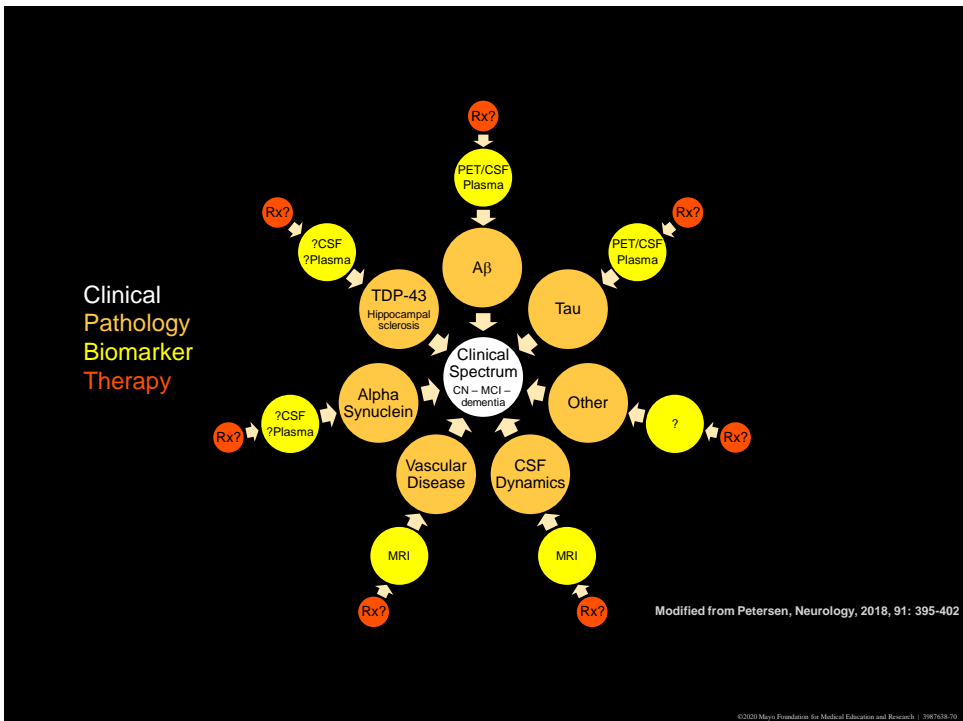


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Thank You



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