



WISCONSIN DEMENTIA RESOURCE NETWORK

Men's Shed Background and Resources

Men's sheds or community sheds originated in Australia in the 1980s as a way to improve the health and wellbeing of men. Today, there are approximately 1,800 Men's Sheds globally, supporting an estimated 100,000 men. The Wisconsin Dementia Resource Network (WDRN) was pleased to have Jack Benjamin present on the Oconomowoc Men's Shed.

Contacts from December 2, 2021 webinar:

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For an overview of men's sheds or a look at published toolkits, visit:

- US Men's Shed Association: <https://usmenssheds.org/>
- Canada Men's Sheds Toolkit: <https://menssheds.ca/the-toolkit/>
- Irish Men's Shed and Dementia Manual: <https://scottishmsa.org.uk/your-shed-and-dementia-a-manual-from-the-irish-mens-sheds-association/>
- UK and Ireland Men's Sheds Toolkit: <https://www.gcu.ac.uk/media/gcalwebv2/yicsbh/yunuscentre/newycwebsite/MENS%20SHED%20TOOLKIT%20FOR%20UK%20AND%20IRELAND.pdf>
- International Men's Shed Organization: <https://menshed.com/about-mens-sheds/>
- Maldon Men's Shed Toolkit: <https://www.maldoncvss.org.uk/men-in-sheds/mens-shed-toolkit-launched/>

Please contact Jody Krainer at jkrainer@wisc.edu with questions.