Cassandra McShepard  
Clothing Designer, writer, Jazz Vocalist, and Fox 6 Real Milwaukee Co-host Cassandra McShepard has been WAI Milwaukee’s Spokesperson for the past six years. She joined our team when she was in the middle of her mother's Alzheimer’s journey as the caretaker for her mother. Cassandra was instrumental in helping our WAI Milwaukee office introduce Alzheimer’s disease to the African American community by using her radio and public speaking platform. In addition, she was instrumental in helping us to develop the WAI Milwaukee Community Advisory Board as the original co-chair.

Her introduction to Alzheimer’s came in 2000 when her beloved mother was diagnosed. “It was a trip I could not ignore!” and a journey that Cassandra says was both bitter and sweet leaving her with a unique and uplifting insight to this devastating disease. Cassandra will share her story about which she calls her “Journey with Alzheimer’s” and how this battle was one that she was (and still is) determined to win.

KEYNOTE PRESENTER

The Wisconsin Alzheimer’s Institute Milwaukee Office presents

BREAKING THE SILENCE
FACING DEMENTIA IN COMMUNITIES OF COLOR
“IT TAKES A VILLAGE”
Greetings and Invocation
Emcee Vivian King, Vice President- Community Relations
Aurora Health Care
Reverend Dr. Russell B. Williamson
Zion Hill Missionary Baptist Church, Milwaukee
The Call of African Drums
Breakfast and Networking
Amazing Grace Chorus
Opening and Welcome
Gina Green-Harris, Director
Milwaukee Outreach Program and Services, Wisconsin Alzheimer’s Institute
Jane Mahoney, MD, Director
Wisconsin Alzheimer’s Institute
Statement of Purpose
Emcee Vivian King
An Overview of Dementia and Diabetes
Barbara Bendlin, PhD, Assistant Professor
Division of Geriatrics, UW School of Medicine and Public Health
Building Your Village
How to Get Navigated: Where Do I Start?
After the Diagnosis: What to Expect Next
Care and Support: Transitioning
Socialization and Quality of Life
Palliative Care and Grief Support
Facilitated by Stephanie Houston, Outreach Specialist
Wisconsin Alzheimer’s Institute
Keynote Address
Cassandra McShepard
WAI Milwaukee Spokesperson and Fox 6 Real Milwaukee Co-host
Award Recognition
Gina Green-Harris, Jane Mahoney, MD & Lou Holland, Jr., Chairman
Wisconsin Alzheimer’s Institute Development Board
Call to Action
Lou Holland, Jr.
Closing Remarks
Gina Green-Harris

Greetings and Invocation
Emcee Arimintta Franklin, Workshop Facilitator
Rescare Workforce Services
Pastor Ernest Nia
Wayman African Methodist Episcopal Church, Racine
The Call of African Drums
Breakfast and Networking
Amazing Grace Chorus
Opening and Welcome
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Nia Norris, Research Specialist
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