

Please join us online or by phone for

# Coffee and a Chat



**Coffee and a Chat** is back for the fall season with these **two-part miniseries**. Enjoy seeing familiar faces while discussing and learning about important health topics, all from your own home.

We'll use video chat software to get together with local experts in brain health and aging-related fields. You can ask as many questions as you want, and afterwards we'll have time for discussion and chitchat.

**To register, go to [wai.wisc.edu/milwaukee](http://wai.wisc.edu/milwaukee) or leave a message at (414) 219-5124 with your name and email address.**

## HEARING LOSS

Thursday Oct. 29, 2 p.m.

### **"Danger! Untreated Hearing Loss!"**

BJ Ermenc, BA, President, Hearing Loss Association of America – Metro Milwaukee



Monday Nov. 2, 2 p.m.

### **"Hearing Loss & Brain Health"**

Kimberly Mueller, PhD, CCC-SLP  
Asst. Professor, UW-Madison Communication Sciences & Disorders; Assoc. Researcher, WRAP Study



November: National Caregiver Month

## CAREGIVING

Wednesday Nov. 11, 9 a.m.

### **"Take Care: Caregiving is Hard Work!"**

Lynda Markut, MS, LCSW  
Caregiver, Educator, Author, Storyteller, Counselor, and Senior Care Expert



Thursday Nov. 19, 2 p.m.

### **"Caregiving During COVID"**

Stephanie Houston, MBA  
Senior Outreach Specialist, Wisconsin Alzheimer's Institute – Regional Milwaukee Office, UW-Madison



*Topics coming up this winter: diabetes and mental health & wellness*

Jointly presented by:



[wai.wisc.edu/milwaukee](http://wai.wisc.edu/milwaukee)

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