

# Serie en Español durante COVID-19

Acompañenos a escuchar nuestra serie de presentaciones virtuales designadas para personas de la tercera edad. Hablaremos sobre la salud cerebral, la enfermedad de Alzheimer's y mucho más.



## Hablemos de la Salud Cerebral

Cristina Huitron, *BSW* (Milwaukee County Department on Aging)

**Agosto 18 a las 10am**

[Regístrese Aquí](#)

## El COVID-19 y Alzheimer

Virginia Zerpa, *MPH* (Alzheimer's Association)

**Agosto 25 a las 10am**

[Regístrese Aquí](#)



## Hablemos de la Salud Mental y Emocional

Maria Mora Pinzon, *MD, MS* (Wisconsin Alzheimer's Institute)

**Septiembre 1 a las 10am**

[Regístrese Aquí](#)



## Nutrición y Actividad física durante COVID-19

Delia Gast (Sixteenth Street Community Health Center)

**Septiembre 8 a las 10am**

[Regístrese Aquí](#)



MILWAUKEE COUNTY  
Department on Aging



# Spanish Webinars During COVID-19

Join us for our Spanish webinar series for older adults. We'll talk about brain health, Alzheimer's disease and much more.



## Let's Talk Brain Health

Cristina Huitron, *BSW* (Milwaukee County Department on Aging)

**August 18 at 10am**

[Register Here](#)

## Caregiving During COVID-19

Virginia Zerpa, *MPH* (Alzheimer's Association)

**August 25 at 10am**

[Register Here](#)



## Mental Health and Stress During COVID-19

Maria Mora Pinzon, *MD, MS* (Wisconsin Alzheimer's Institute)

**September 1 at 10am**

[Register Here](#)



## Nutrition and Physical Activity During COVID-19

Delia Gast (Sixteenth Street Community Health Center)

**September 8 at 10am**

[Register Here](#)



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