

# The DICE Approach™

## WHAT IS DICE?

DICE (Describe, Investigate, Create, Evaluate) is an approach to use in assessing and managing behavioral and psychological symptoms of dementia (BPSD). Dr. Helen Kales lead an interdisciplinary team of geriatric experts at the University of Michigan's Program for Positive Aging to create the approach as an alternative to knee-jerk medication prescribing. Dr. Kales understands that it is not enough to tell providers and caregivers to avoid medications to treat BPSD. Instead, it is imperative to help caregivers better understand, identify and treat the underlying causes.

As part of the Dementia Capable WI grant at the Wisconsin Alzheimer's Institute, we have trained Dementia Care Providers throughout the state, to work with caregivers on managing challenging behaviors by using this approach.

For more information, please contact:

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