

# WISCONSIN REGISTRY FOR ALZHEIMER'S PREVENTION: BIOMARKERS OF PRECLINICAL ALZHEIMER'S DISEASE

Mark A. Sager, MD<sup>1</sup>, Cindy Carlsson, MD, MS<sup>1,2</sup>, Sterling Johnson, PhD<sup>1,2</sup>, Asenath La Rue, PhD<sup>1</sup>, Bruce P. Hermann, PhD<sup>1</sup>

<sup>1</sup>University of Wisconsin School of Medicine and Public Health, Madison, WI, USA; <sup>2</sup>Geriatric Research, Education and Clinical Center (GRECC), William S. Middleton Veteran's Administration Hospital, Madison, Wisconsin, USA.

#### WRAP STUDY

## IMAGING STUDIES

#### CSF STUDIES

#### BACKGROUND

Wisconsin Registry for Alzheimer's Prevention (WRAP) is a longitudinal cohort study of asymptomatic adult children of persons with Alzheimer's disease (AD). The overall goal of WRAP is to define the biological and neurocognitive course of preclinical AD. A person is eligible for WRAP if they are between the ages of 40 and 65, have a parent with AD verified by autopsy or review of medical records, and are willing to participate in genetic, epidemiologic and clinical studies that focus on early identification of neurobiological markers of incipient AD.

#### **METHODS**

Subjects included:

- 736 asymptomatic middle-aged individuals with a parent with AD (median age = 52 years).
- 250 control participants with a negative family history of AD.

All participants undergo an extensive baseline battery of neuropsychological tests, laboratory evaluations and APOE genotyping. Serum, plasma and DNA are stored for future analyses. Subgroups of WRAP volunteers participate in cerebrospinal fluid and neuroimaging studies which are highlighted in this poster.

#### **BASELINE CHARACTERISTICS**

Baseline characteristics of WRAP participants are shown below. A second wave of testing is currently underway after a 4-year interval.

Characteristic	AD Children (n = 736)	Controls (n = 250)	p value
Age (years)	52.4 (6.6)	55.7 (6.1)	< .000
Education (years)	15.9 (2.7)	16.8 (3.1)	< .000
Female gender, %	72	66	.05
White/Caucasian, %	98	98	
APOE ε4 allele, %			
0	55	83	
1	40	16	
2	5	1	
Subjective memory complaint, %	27	14	< .000

#### FINDINGS TO DATE

Analyses of baseline variables show no difference in traditional neuropsychological test comparisons while CSF and imaging studies suggest underlying preclinical disease. Importantly, the imaging studies and analyses of serial position effects on a list learning task (not shown) suggest evidence of preclinical AD in the family history cohort that either is independent of or interacts with APOE genotype. This suggests that family history may be an important consideration in biomarker studies of preclinical disease.

#### **CONTACT & ACKNOWLEDGEMENTS**

Mark A. Sager, MD, Director, Wisconsin Alzheimer's Institute University of Wisconsin School of Medicine and Public Health

Phone: 608-829-3300 Email: masager@wisc.edu Web: www.medsch.wisc.edu/wai

WRAP Study: Research was supported by the Helen Bader Foundation, Northwestern Mutual Foundation, Extendicare Foundation, the University of Wisconsin General Clinical Research Center (NCRR M01 RR03186) and NIA RO1 AG027161.

Imaging Studies: Research was supported by a Merit Review Grant from the Department of Veterans Affairs and NIH grant AG21155.

CSF Studies: Research was supported by a Beeson Career Development Award (K23 AG026752, a grant jointly funded by NIA, the John A. Hartford Foundation, Atlantic Philanthropies, and the Starr Foundation) and the University of Wisconsin General Clinical Research Center (NCRR M01 RR03186). Merck and Co., Inc. provided study medication for this investigator-initiated trial.

#### **BACKGROUND**

WRAP subjects are asked to participate in imaging studies to determine if risk factors affect brain function or structure in this asymptomatic population. We have targeted the posterior cingulate and mesial temporal lobe for our fMRI studies presented here.

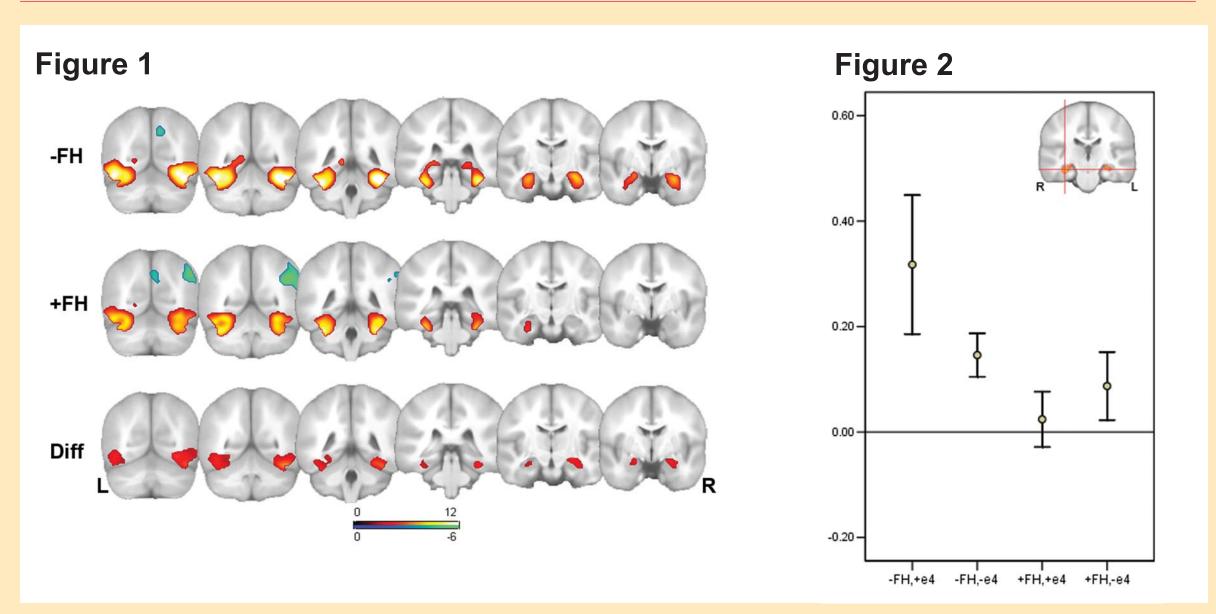
#### **DESIGN: 2X2 FACTORIAL**

Parental history status (present/absent) and APOE ε4 status.

#### **BRAIN IMAGING PROTOCOL**

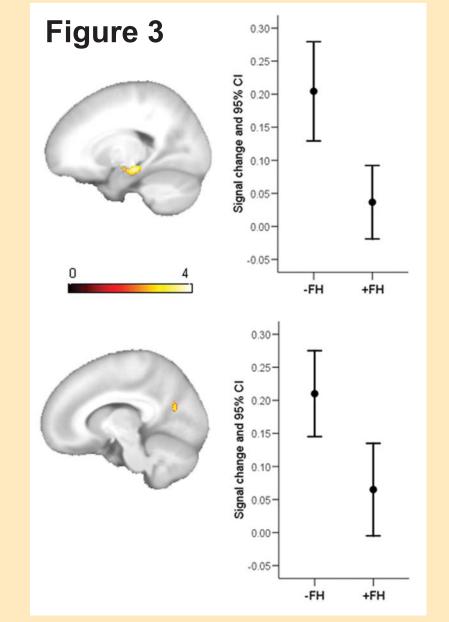
3.0 Tesla GE scanner with T1-weighted 3D volume and echoplanar fMRI with HOS and field mapping.

#### STUDY 1: ENCODING



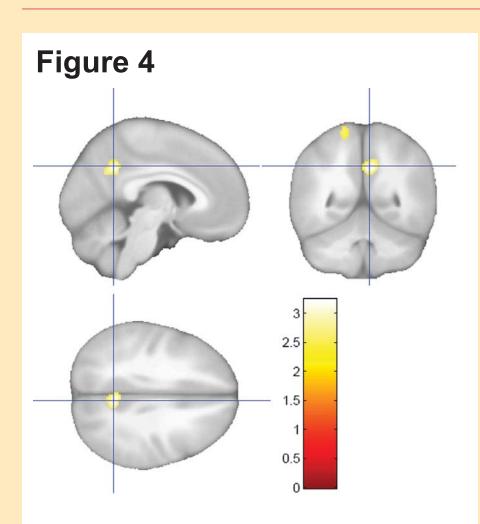
Johnson, et al. (2006), J. Neurosci. N=132 subjects. Figure 1 indicates that -FH show a stronger response than +FH. Figure 2 indicates a weak interaction with ε4 in some voxels.

#### **STUDY 2: METACOGNITION**



N=110. This study used a metacognitive appraisal task which activates the anterior mesial temporal lobe and cortical midline structures including the posterior cingulate. On this task, +FH was associated with decreased activity in the hippocampus and medial parietal lobe. There were no main effects of APOE. Johnson et al. (in press), Archives of General Psychiatry.

#### **STUDY 3: FACE RECOGNITION**



Face recognition strongly activates the posterior cingulate, a region that is vulnerable to AD. In this preliminary analysis in Figure 4 (which is restricted to the PC and precuneus) we show that 14 asymptomatic subjects at high risk (+FH, +APOE) activate less than 27 matched subjects at low risk (-FH, -APOE) on an event-related face recognition task.

#### **IMAGING STUDIES SUMMARY**

These imaging studies suggest that an as yet undefined FH factor(s) is influencing brain function in areas of the brain affected by AD. Studies are planned to investigate the mechanism of these changes including molecular and metabolic imaging and genetic investigations.

#### BACKGROUND

In persons with mild cognitive impairment, cerebrospinal fluid (CSF) biomarkers predict risk of progressing to Alzheimer's disease (AD), but it is unclear if they are associated with cognitive function in asymptomatic adults at risk for AD.

#### **OBJECTIVE**

To describe the relationship of CSF  $\beta$ -amyloid-42 (A $\beta$ 42), a biomarker of AD risk, with cognitive function in asymptomatic middle-aged adults at risk for AD.

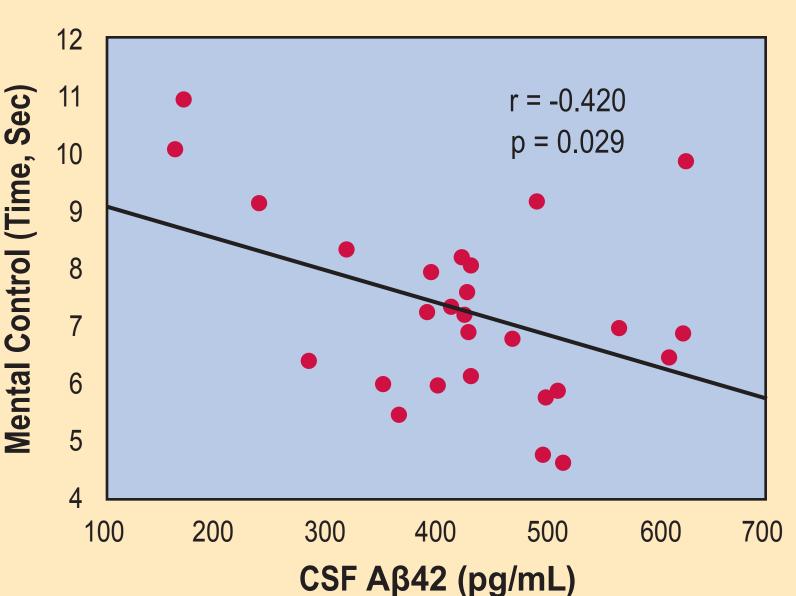
#### **METHODS**

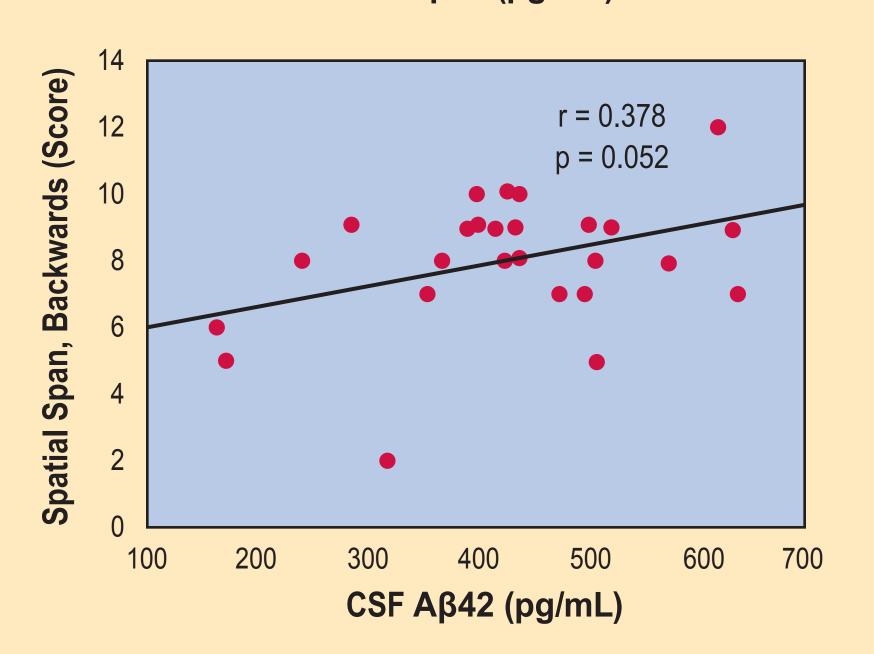
Cross-sectional baseline data were used in this interim analysis of an ongoing trial evaluating CSF biomarkers and cognition in adult children (ages 37-66 yrs) of persons with AD. Pearson correlations and backwards stepwise linear regression models were used to evaluate relationships of CSF A $\beta$ 42 levels with cognitive tests.

#### **RESULTS**

Participants (n=27, mean  $\pm$  SD age 53.4  $\pm$  8.5 yrs, 17 women) had a mean MMSE score of 29.5  $\pm$  0.8 points and 16.9  $\pm$  3.1 yrs education. Lower CSF A $\beta$ 42 levels, suggestive of preclinical disease progression, were associated with worse function on two measures of working memory (mental control and spatial span; see Figure 5). Regression models including age, education (yrs), APOE  $\epsilon$ 4, sex, and CSF A $\beta$ 42 predicted 48% of the variance in mental control, a measure of working memory. Other cognitive measures were not associated with CSF A $\beta$ 42.

### FIGURE 5. RELATIONSHIP OF CSF Aβ42 WITH WORKING MEMORY TASKS





#### CSF STUDIES SUMMARY

In asymptomatic middle-aged adults at risk for AD, lower CSF Aβ42 levels, suggestive of possible preclinical disease progression, were associated with worse working memory function. Larger studies are needed to confirm these findings.